

Show this to every doctor at each visit

- List all medicines you are taking.
- Never take any medicine prescribed for someone else.
- Present this card when you are seen in the emergency room.
- Cross off medicine you no longer take.
- Keep this card with you at all times



Vaccination Record

Vaccinations	Mo./Yr	Mo./Yr	Mo./Yr	Mo./Yr
Tetanus				
Pneumococcal				
Influenza				
Other				

Name: _____
 Primary Care Provider: _____
 Phone: _____
 Pharmacy: _____
 Phone: _____
 Allergies: _____
 Optional: I have an advanced directive filed at _____

MEDICATION CARD

for your wallet

FortHealthCare.com
(920) 568-5000

611 Sherman Ave. East
 Fort Atkinson, WI 53538



#PE23JAN16

DRUG DROP-OFF SITES

Jefferson County Sheriff's Office – Jail Lobby
 411 S. Center Avenue, Jefferson, WI 53549
 Open every day 24 hours a day

Watertown Police Department

106 Jones Street, Watertown, WI 53094
 Open every day 24 hours a day

Lake Mills Police Department

200A Water Street, Lake Mills, WI 53551
 Open Monday - Friday from 7 am to 5 pm

Fort Atkinson Police Department

101 S. Water Street West, Fort Atkinson, WI 53538
 Open every day 24 hours a day

Whitewater Police Department

312 W. Whitewater Street, Whitewater, WI 53190
 Open every day 24 hours a day

jeffersoncountywi.gov/cleansweep

Accepted Drugs: unused prescriptions, over the counter drugs, inhalers, vitamins, and veterinary/pet medicines.

NO Sharps/needles, radioactive materials, oxygen tanks or medical equipment
 Check with your local health department, pharmacy or clinic/hospital for sharps disposal.

FortHealthCare.com/SafeMeds • (920) 568-5000

611 Sherman Ave. East
 Fort Atkinson, WI 53538

Community members desiring additional brochures should email requests to: MarketingServices@forthc.com

SAFE MEDICATION MANAGEMENT



Share with your healthcare provider a current list of each medicine you take. Healthcare providers are physicians, nurses and pharmacists. They can help protect you against dangerous drug interactions and reactions.

- Full name of each prescription, over-the-counter medication, vitamin or herbal supplement you take
- Amount you take
- Times of day you take each medication
- Ordering physician's name
- Reason for taking a medication
- Start date for taking each
- Pharmacy's phone number where you buy each medication
- Medications and foods you can't take because of allergy or intolerance, describing your reaction

- Tell your healthcare provider about all medications you take
- Use a chart or a pill organizer
- Update your list when you start a new medication
- Understand your doctor or pharmacist's instructions and ask questions
- Ask your pharmacist for information about each new medication
- Know what activities, foods, drinks or other medications to avoid
- Ask your healthcare provider about side effects
- Know how and when to get refills
- Plan ahead for refills, especially before you will be away from home
- Learn how to store medications
- Do not take over-the-counter medications or herbal remedies without asking your healthcare provider
- Never take someone else's prescription medicine or offer your prescription medicine to someone else
- Always finish all of a medicine unless your doctor tells you differently
- To save money, ask if a generic brand is available
- Keep a list of your past medical and surgical history
- Safely dispose of unwanted medications at an area Clean Sweep event or drop off site (see back panel)

