



August 2013  
Healthy Community Summit

Please join us August 21, 2013 from 9a-1p for the Healthy Community Summit taking place at the Fort Atkinson High School. The event will focus on strategies for making our communities healthier and what each of our roles is throughout this process.

Experts, professionals and community members will share how their community is making a difference, in the march to become Wisconsin's Healthiest Community.

At this year's Summit, we plan on deepening the discussion about creating healthy communities and how to implement programs that can really promote positive change in the health behaviors in our region.

Since the first Summit, six community coalitions have been formed as well as a steering committee. Community partnerships have been built in Cambridge, Jefferson, Fort Atkinson, Johnson Creek, Lake Mills, Palmyra and Whitewater, with a combined goal of working together to reduce obesity in adults by 3% in Jefferson County by 2016.

We encourage all members of the community to attend this event, and to hear about the positive changes being made within the area. Complementary refreshments will be provided.

To reserve your spot, please RSVP by August 14th via:

**Online:** <http://www.forthhealthcare.com/wellness-classes.php?classes=community-health>

**Phone:** (920) 568-5244

Questions may be directed to  
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