

FEBRUARY IS HEART MONTH

Raise awareness about the importance of heart health

Did you know...

#1 Uncontrolled high blood pressure is a leading cause of heart attack and stroke

more than **67** million Americans have high blood pressure

People with high blood pressure are:

4 times more likely to die from a stroke
3 times more likely to die from a heart disease

High blood pressure often shows no signs or symptoms, which is why having your blood pressure checked regularly is important.



Every year, 1 in 3 deaths are caused by heart disease in the United States

8-12 million Americans have Lower Extremity Arterial Disease which can cause ulceration and lead to amputation

600,000

people suffer from venous ulcers at any given time in the United States

Costing \$2.5 - \$3.5 billion in treatment

There are different types of vascular disease. Each has a different pathological reason for ulcer development. Treatment for one type may be detrimental to another.



Chronic wounds affect approximately 6.7 million people in the United States. The cost to treat these wounds exceeds \$50 billion annually.

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While there are several factors that can affect wound healing, heart health is one of the most important.

Fort HealthCare
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