

inside



EMPLOYEE NEWSLETTER



JUNE 2017



A look back at how it all began...

Meeting the community's healthcare needs is the reason we came to be and continue to serve.

In December of 1941, the people of Jefferson County were faced with the news of the bombing of Pearl Harbor. They were also faced with the announcement that the physician-owned hospital on Madison Ave. in Fort Atkinson was scheduled to close.

However, there was an increased demand for medical care in the community. Plus a concern about how it would meet the needs of returning World War II veterans.

It was early in the year 1942 when a group of local citizens formed the Fort Atkinson Memorial Hospital Association to address

these concerns. Soon after, they made a decision to lease and eventually purchase the Madison Ave. hospital until they could build a new one on Sherman Ave. Although building material shortages caused by the war put their plans on hold, they had the foresight and courage to formulate their plans and secure sufficient land for future needs.

Eventually, their planning came to life with the construction of a brand new hospital structure. And in September 1950, the first patients were treated at the new hospital at

the current location we recognize today.

The Fort Atkinson Memorial Hospital Dedication Ceremony was held on August 27, 1950. The program for the event stated that the hospital was *"Dedicated to the memory of those men and women of this vicinity who served with the armed forces of the United States of America in the World Wars of 1914-1918 and 1939-1945, by the citizens and friends of Fort Atkinson, Wisconsin, and by the citizens of neighboring communities."*

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Fort Atkinson Hospital Association formed	The new hospital was built. Patients started being seen in 1950	New wing constructed to meet the growing needs of the community	ICU Opens	Lab services expand	New addition to Emergency Room opens	Cardiac stress testing lab opens	New maternity wing opens	MedFlight service begins	New birthing center complete; Mobile MRI comes to the hospital; outpatient services addition added; sports medicine outreach established		
1942	1949	1968	1971	1972	1975	1976	1978	1985	1988		
Business Health services begin	School Nurse Program begins	In-house MRI installed	New 110-seat Auditorium complete	Love Lights Program Begins	Fort Memorial Hospital adds Fort HealthCare to its brand name	Wound & Edema Center opens	Center for Joint Replacement Opens	Healthy Community Coalitions formed	Healing Breast Care Center opens	Great Expectations Birthing Center becomes a Baby Friendly facility.	Fort HealthCare celebrates 75 years of service! New MRI installed
1991	1995	1996	1997	1999	2003	2008	2010	2012	2013	2016	2017



A look back, continued...



Fort Atkinson Memorial Hospital was now a fully operational, non-stock, non-profit corporation organized under the name of Fort Atkinson Memorial Hospital Association, and belonged to the residents of the communities it served and governed by a Board of Trustees.

This new hospital provided 62 beds for surgical patients and a nursery accommodating 16 babies. Modern equipment and advanced care for the time was provided.

The hospital received its first accreditation in 1952 from the Joint Commission on Accreditation of Hospitals (now the Joint Commission on Accreditation of Healthcare Organizations).

Over the decades, local demand for

outpatient and other hospital services grew exponentially. To respond to the changing needs of the community, the hospital underwent expansion and renovation projects, adding operational and patient care areas and improvements in 1969, 1975, and 1986. By the late 1980s, Fort Atkinson Memorial Hospital was a 110-bed, state-of-the-art facility.

It was in 2003 when the organization added the name Fort HealthCare to its brand, to be representative of the full continuum of care provided through hospital and clinic services in the region.

The evolution of healthcare has seen a shift from an emphasis on inpatient care to a balance between inpatient and outpatient services. Advances in technology and efforts to contain healthcare costs have brought about the

need for outpatient services and shorter hospital stays.

And as is the case in more recent years, preventive medicine with an emphasis on primary care is deemed the best practice for positively influencing population health outcomes. As a result, our current Mission and Vision statements came to be.

Generations of families have grown and expanded since Fort Atkinson Memorial Hospital formed to serve its residents. To those who live and work in our communities, we continue to live our promise to help improve their health and well-being, with a Vision to become the healthiest community in Wisconsin.

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A look back, continued...



As told by Frank M. Brewer Jr.

The origin of Fort Atkinson's first hospital really took place about 1904, when Dr. Frank M. Brewer attempted to turn his office (then located over Dexheimer's Drug Store on Main Street in Fort Atkinson) into a hospital by enlarging that office to provide for surgery and space for a few beds, separated by curtains.

Dr. Brewer soon realized a better space could be kept by

building an addition on to his own home at the southeast corner of South Third and Foster Streets. The new establishment was called Fort Atkinson Emergency Hospital and provided modern (for the time) surgery facilities, two private wards, and one general ward accomodating four to five beds.

Meals were prepared in the Brewer family kitchen. Even the job of sterilizing instruments and dressings for operations and post-operation care was done on the family kitchen stove.

The hospital's service came to an end when Dr. Brewer was taken ill and passed away in the summer of 1911. It should be remembered that all during the years of the hospital's existence and operation, Dr. Brewer carried on his practice in an era when house calls for doctors were the order of the day instead.



Dr. Frank M. Brewer



As told by Sophia Adeline Majerus

"We came here in 1920 and we set up a 10-bed hospital and called it Fort Atkinson General Hospital. My husband [Dr. Peter James Majerus] was a surgeon practicing in the little town of Sullivan after he was in the first World War for a bit. We were married in 1919. Then one day he told

me, 'I think I ought to start a little hospital.' Well, I was a working nurse anyway, so we bought a home in Fort Atkinson and turned it into a working hospital.

We lived in the back of the hospital. There was a back room, and a small room off of the dining room. We made up a little place for the nurses so they could rest there.

People paid for hospital expenses out of their own pockets. New mothers were taken care of by the county. There was no insurance of any kind.

The decision to close our hospital occurred in 1940, but it took until 1941. We were getting older, and felt we had done all we could do. We worked so hard for people to get well, and it was like caring for part of our family." ■



Sophia Majerus




Fort HealthCare Department *Spotlight*

School Nurse Program

Our School Nurse Program began in December 1995, serving 2,982 students in Fort Atkinson. Due to the success of the program and the growing demand for coordinated health care within the schools, the program now provides over 10,000 hours of health and wellness services to over 13,000 K-12 students in nine school districts – including Fort Atkinson, Cambridge, Deerfield, Lake Mills, Marshall, Jefferson, Waterloo, Palmyra, and Whitewater.

The efforts that the school districts and local healthcare providers put in place to keep children as healthy as possible and ready to learn extend much further beyond simply applying Band-Aids or ice packs after playground accidents. The impact that this team has on improving population health over time directly supports Fort HealthCare’s Mission to improve the health and well-being of the community, as well as supporting the schools’ collective goals to meet both the academic and health needs of students.

The Fort HealthCare school nurses specialize in diabetes education and care, childhood wellness, and helping to care for children with special health care needs. It is their philosophy to provide education about health and wellness to school age children, school staff, and the community. School nurses provide a wide range of services, including:

- Early access to care when children’s cognitive development is at its peak; performing early intervention services such as periodic assessments for vision, hearing, and dental problems
- Developing and participating in partnerships with community providers
- Providing education and resources for health, wellness and disease prevention
- Helping to detect outbreaks of communicable diseases
- School nurses are often members of school-based safety and mental health teams
- Helping to manage students’ increasingly complex medical conditions and chronic health illnesses
- Providing training for emergency nursing services of the school, including First Aid and CPR training

With the changing health needs of students, having qualified healthcare professionals available to deliver preventive health screenings and personalized care is a benefit to both the schools and the students. Improved student attendance paves the way for academic success. With school nurses available to help students with their wellness, school administrative and teaching staff’s time is freer to spend focusing on education.

School nurses also have access to many hospital and community resources, helping to connect students with care they may need. To learn more about the Fort HealthCare School Nurse Program, visit FortHealthCare.com/School-Nurse-Program.

NEW Fort Medical Group Clinic Managers Listing:

Cambridge Clinic: Misty Croson (x7685)

Jefferson Clinic: Misty Croson (x7685)

Ear, Nose & Throat Specialists: Kassy Smith (x6594)

Center for Womens Health: Angie Heald (x5857)

Dermatology: Kassy Smith (x6594)

Behavioral Health: Josh Lee (x4282)

Internal Medicine & Pediatrics: Angie Heald (x5857)

Integrated Family Care: LeAnn Cobler (x7702)

Johnson Creek Clinic: Misty Croson (x7685)

Lake Mills Clinic: Colleen Shade (x7698)

Orthopaedic Associates: LeAnn Cobler (x7702)

Surgical Associates: Kassy Smith (x6594)

Urology Associates: Kassy Smith (x6594)

Wound & Edema Center: Lesa Radloff (920-699-4245)



Education Department Updates

Nurses and Professional Development staff from ProHealth in Waukesha participated in a Sepsis Simulation on June 1st.

They were the recipients of a Wisconsin Hospital Association scholarship for simulation education. Our Simulation Lab was chosen as one of five locations to present the simulation/education to the scholarship recipients.

ProHealth has some really nice things to say about the education session, so I wanted to share a couple of comments: "Thank you again for such a great experience at the Sepsis Simulation. I plan to use the Sepsis Sim at our Nurse Residency next time I teach."

This just one of the many ways the Learning Center and Simulation Lab is reaching out to others to make a difference in our community as well as surrounding communities!



We have successfully transitioned to our new crash carts!

Please make sure your staff are familiar with the updated *Code Cart: Supplies/Testing/Exchange policy* located in the Resource Library on the Intranet. You will find the code to access the carts since they are now locked via keypad and meet Joint Commission requirements.

Each crash cart came with two keys. Each department will be responsible for deciding where those keys are kept. The keys would need to be used if the keypad was NOT functional. Each crash cart uses the SAME key so if one department could not find theirs for some reason, another department's key would work.

The keypad is powered by six "D" batteries. Those batteries will

be changed on a yearly basis by Clinical Engineering. If the "low battery" light comes on, please change the batteries. There is an additional checkbox on the DAILY code cart sheet that asks if the low battery light is on. I have put new checklists on each cart through the end of the year that includes this additional column/question to check. I also cleaned up/removed some of the "extra" stuff on the top of the carts. Please try to keep them clean and neat.

A special thanks to **Niki Kiefer-Thompson** and her SPD staff as well as **Sarah Pagenkopf** and her pharmacy staff. It took a lot of patience and organizing to make this transition successful!

If you have any questions or concerns, please contact me!
 Lisa Rudolph, MSN, RN, CCRN-K, Educational Services Coordinator, 920.568.5206.



Radiology: MRI Project Update

The old 3T magnet and electronics have left the building! It was a well-orchestrated event of teamwork between many to accomplish this feat. The crane arrived first and was set in place. Shortly thereafter, the semi arrived to take the magnet to South Carolina to be refurbished and then sent overseas.

The next stage of this process is to start taking out the current infrastructure within the room and putting a new one in place.

Things are going well in the temporary 1.5T magnet. The canopy enclosure should be completed before the end of June to keep the elements out as well as provide more privacy for the MRI patients and those patients going to the Emergency Department through the side entrance.

Thank you everyone for your support during this time! It will be well worth the wait!



Foundation News



JUNE 29, 2017

FORT 75 HOLE CLASSIC

75TH ANNIVERSARY GOLF MARATHON

Seeking Volunteers!

The Fort 75 Hole Classic is a 75-hole golf marathon celebrating our 75th Anniversary and proceeds will benefit Fort HealthCare Community Wellness and Community Care programs. The event will be held on June 29 at Koshkonong Mounds Country Club. We are currently seeking volunteers to help with the event. Employees, Partners and community members are welcome to sign up.

- On-course timekeepers:
 - 1st shift: 7:30 a.m. to noon (6 people needed)
 - 2nd shift: 11:30 a.m. to 4:30 p.m. (6 people needed)
 - 76th Hole: 4:00 p.m. to 7:30 p.m. (4 people needed)

To sign up to volunteer or for more information, contact Dwight Heaney at (920) 568-5404 or email me at dwight.heaney@forthc.com.

The following options are available:

- Registration: 6:30 a.m. to 8:30 a.m. (4 people needed)

Details about the event are available at: FortHealthCare.com/75HoleClassic. Thank you!



Women Who CARE Receives United Way Pillar Grant

United Way of Jefferson and North Walworth Counties has granted \$5,000 to Women Who CARE in support of the Behavioral Health

Pilot Project in the Whitewater Schools. The pilot project offers individual counseling at Whitewater High School.

Many of the students in need of behavioral health services have obstacles to accessing those services outside of the school setting. By bringing the service into the schools, students are connected to the counselor by school staff they trust and receive care in a safe setting. Thank you to the Fort HealthCare employees who support our local United Way for helping to make this grant possible.



Welcome New Board Members!

Fort HealthCare is pleased to announce the appointment of four new members to the organization's board of directors. They are Roy Budlong, Fort Atkinson, James Fitzpatrick, Fort Atkinson, Craig Kozler, M.D., Cambridge and Shauna Meyer, M.D., Fort Atkinson.



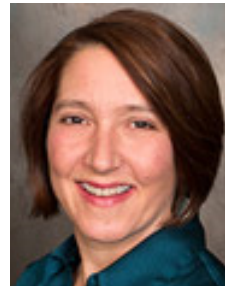
Roy Budlong has been the President/CEO of PremierBank since 2013. Prior to that, he was an Executive Vice President. He and his wife Jodi have lived in Fort Atkinson since 2004. He received his BS from Iowa State University Graduate School of Banking in Colorado. He has 33 years in banking and credit experience. Roy has served on area board of directors such as the Fort Memorial Hospital Foundation, Opportunities, Inc., Jefferson County Habitat for Humanity, Jefferson County Bicycle Club, Fort Atkinson Booster Club and Rotary.

James Fitzpatrick, PhD is an Assistant Professor at National Louis University at the Chicago and Milwaukee campuses. Jim attended St. Ambrose University in Davenport, Iowa, from 1971-75 earning his Bachelor of Arts Degree in History. In 1980, he earned his Masters Degree in Educational Administration from the University of Iowa. In the spring of 1999 Jim earned his PhD in Educational Leadership from the University of Wisconsin, Madison. In the course of an over 40 year career in education Jim has served as a teacher, coach, and high school principal in the states of Iowa and Wisconsin. He served as Superintendent of the School District of Fort Atkinson from 1999-2013. Jim and his wife of 40 years, Therese, have lived in Fort Atkinson for 18 years.



Craig Kozler, MD, is board certified in Urology. He has practiced urology at Fort HealthCare since his completion of genitourinary surgical residency at the University of Michigan, in 2004. He has served as the Chief of Surgery for Fort Memorial Hospital since 2014. Dr. Kozler and his family live in Cambridge. His outside interests and accolades involve his membership in the Cambridge Outdoor Curling Club since 2009, and recipient of the coveted "Most Valuable Curler" award in 2014.

Shauna Meyer, MD is board certified in family medicine. She practices at UW Health in Fort Atkinson. Dr. Meyer is Chief of Staff. She received her medical degree from the University of South Dakota School of Medicine and completed her residency at the UW Family Practice Residency Program-Madison. Her special interests include women's health, obstetrics and geriatrics. Dr. Meyer and her family reside in Fort Atkinson and are very involved in the Fort Atkinson community.



Board members are chosen based on their professional skills and their ability to represent the healthcare needs of the various communities within the Fort HealthCare primary service area. The new members to the board will serve a three year term that began in January. Board members may be reappointed for two additional terms.

Mike Wallace states, "These new members were selected because of their high regard for the welfare and vested interest of the communities they live in. Craig and Shauna's medical backgrounds will help guide the board in our decisions that directly affect the health of our patients. Jim, with his background in education, will help us direct our resources in a manner that results in improved health status for those we serve. Roy provides valuable financial expertise as well as experience in various roles in the community."

In addition to Budlong, Fitzpatrick, Kozler and Meyer, other Fort HealthCare board members are: community representatives Kathi Cauley, Fort Atkinson; Dean Johnson-Treasurer, Fort Atkinson; Michael Rumpf-Chair, Cambridge; Sharon Schmeling, Jefferson; and providers Michael Anderson, M.D., Barry Cash, M.D.-Secretary, and Mary Beck Metzger, Advanced Practice Nurse.



FortHealthCare.com/WalkWithADoc

Next Walk is set for Saturday, July 8th!

We are now hosting a free monthly Walk With a Doc (WWAD) walking program on Saturdays at 9:00 a.m. Walkers will enjoy a refreshing and rejuvenating walk with different healthcare providers each month.

The first walk in June was led by Bret Hunt, MD of Fort HealthCare Emergency Physicians. He spent some time before the walk talking to the group and was able to answer simple health questions during the walk. This is a free program and registration is not required. All ages are welcome.

Future walks will take place on the second Saturday of each month at 9:00 a.m. The two-mile scenic walking route begins at the Fort HealthCare Surgical Associates building near Bicentennial Park in Fort Atkinson, located at 212 Milwaukee Avenue West. You needn't walk the entire two miles if you are not able to. Please dress for the weather and bring your smartphone, as you are encouraged to post to social media about your experience!

Dr. Hunt brings enthusiasm to the WWAD program, "As an emergency medicine physician, I bear witness daily to the toll that disease takes on the members of our community. I see patients from all walks of life who are struggling with a variety of medical issues. I see the toll it takes on my patients – as well as on their loved ones – and on the community as a

whole."

He continues, "At Fort HealthCare, I am so pleased that the focus is on preventing chronic illnesses before they begin, or improving quality of life as much as possible. This program is only one of the ways we are working toward the goal of a having a healthier community."

Dr. Hunt adds, "Study after study has shown the benefits of exercise for almost every disease under the sun. It has also been shown to decrease the chances of developing many different types of cancer. Walking is a great form of exercise which provides a myriad of health benefits. I really hope anyone who learns about this event will join our walks on Saturdays."

Announcements and updates about future walks will be announced via:

- The Walk With a Doc website (www.walkwithadoc.org)
- The Fort HealthCare Walk With A Doc webpage (FortHealthCare.com/WalkWithADoc)
- The Fort HealthCare Walk With A Doc event on Facebook (follow Fort HealthCare at [Facebook.com/FortHealthCare](https://www.facebook.com/FortHealthCare) and on Instagram @fhc_forhealth).

According to the American Heart Association, walking has the lowest dropout rate of any physical activity. Walking is low impact; easier on the joints

than running. It is safe – with a doctor's okay – for people with orthopedic ailments, heart conditions, and those who are more than 20 percent overweight. In addition, research has shown that you could gain two hours of life for each hour of regular exercise.

Walking as little as 30 minutes a day can provide these benefits as well:

- Improve blood pressure and blood sugar levels
- Help maintain a healthy body weight and lower the risk of obesity
- Enhance mental well-being
- Reduce the risk of osteoporosis

Walk With A Doc is a national non-profit organization whose mission is to encourage healthy physical activity in people of all ages, and reverse the consequences of a sedentary lifestyle in order to improve the health and well-being of the country. Fort Atkinson joins a growing list of communities nationwide that have created local WWAD programs.

WWAD was created by Dr. David Sabgir, a cardiologist who practices at Mount Carmel Health Systems in Columbus, OH and he has been walking every weekend since 2005. The expansion and support of the program is thanks to Anthem Blue Cross/Blue Shield.



HR Corner

****This notice is intended for Fort HealthCare employees only.
Please disregard if you are NOT an employee****

Please review the “Medicare Part D Creditable Coverage Notice 2017” by going to:

<https://www.forthc.com/Epiphany/getfile.aspx?ID=36385>

This important annual disclosure notice is required by law and can also be found on the Fort HealthCare Intranet in the Resource Library, or in the “Human Resources Important Notices and Information” section found in the middle of the Intranet page. You are responsible for providing a copy of the this electronic disclosure to your Medicare-eligible dependents covered under our group health plan. If you have any questions, please contact Mary Merkel, Compensation & Benefits Specialist in HR at ext 5140. Thank you!

We Received an “A” for Patient Safety in Spring 2017 Leapfrog Hospital Safety Grade

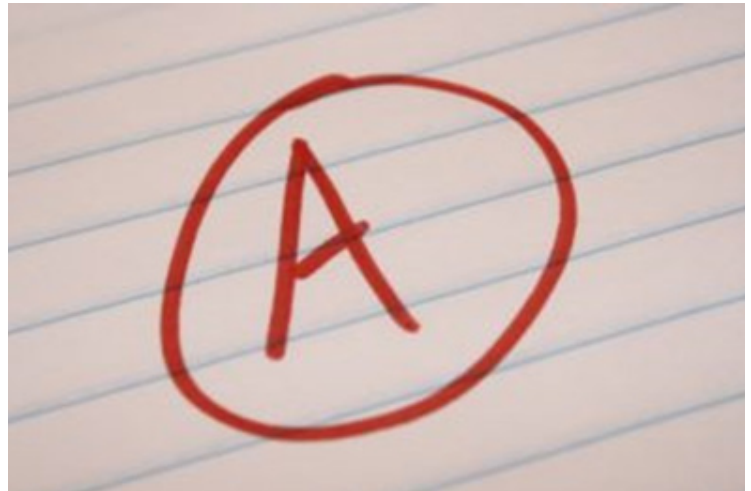
The Leapfrog Group, a nonprofit organization committed to driving quality, safety, and transparency in the U.S. health care system, today released new Leapfrog Hospital Safety Grades, which assign A, B, C, D and F letter grades to hospitals nationwide. Fort Memorial Hospital was one of 823 hospitals to receive an “A” for its commitment to reducing errors, infections, and accidents that can harm patients.

Mike Wallace states, “Our employees work diligently to control the quality and safety at Fort Memorial Hospital and this ‘A’ rating is indicative of that. Fort HealthCare continues to be progressive at all levels when it comes to patient care. It is an honor to continue to receive ‘A’ ratings from The Leapfrog Group”.

“Hospitals that earn top marks nationally in the Leapfrog Hospital Safety Grade, ‘have achieved the highest safety standards in the country,’” said Leah Binder, president and CEO of The Leapfrog Group. “That takes commitment from every member of the hospital staff, who all deserve thanks and congratulations when their hospitals achieve an ‘A’ Safety Grade.”

Developed under the guidance of an Expert Panel, the Leapfrog Hospital Safety Grade uses 30 measures of publicly available hospital safety data to assign A, B, C, D and F grades to more than 2,600 U.S. hospitals twice per year. It is calculated by top patient safety experts, peer-reviewed, fully transparent and free to the public.

To see Fort Memorial Hospital’s full grade, and to access consumer-friendly patient tips for staying safe in the hospital, visit www.hospitalsafetygrade.org or follow the Leapfrog Hospital Safety Grade on Twitter or Facebook. Consumers can also download the free Leapfrog Hospital Safety Grade mobile app for Apple and Android devices.



About The Leapfrog Group

Founded in 2000 by large employers and other purchasers, The Leapfrog Group is a national nonprofit organization driving a movement for giant leaps forward in the quality and safety of American health care. The flagship Leapfrog Hospital Survey collects and transparently reports hospital performance, empowering purchasers to find the highest-value care and giving consumers the lifesaving information they need to make informed decisions. The Leapfrog Hospital Safety Grade, Leapfrog’s other main initiative; assigns letter grades to hospitals based on their record of patient safety, helping consumers protect themselves and their families from errors, injuries, accidents, and infections.



Fort HealthCare Scholarships Awarded

The Fort HealthCare Partners and Foundation are pleased to announce our scholarship awards for the 2017-18 academic year. Congratulations to all of the employees and area students who were selected!

Fort HealthCare Partners

Health Career Advancing Scholarship

- Kirsten Ley (FHC Inpatient Services)
- Natalie Windham (FHC Inpatient Services)

High School Senior Scholarship

- Abigail Childs (Whitewater HS)
- Sophia Elworthy (Whitewater HS)
- Katherine Schmid (Cambridge HS)
- Kelsey Schneider (Cambridge HS)

Fort Memorial Hospital Foundation Estelle Stinson Chase & Peter A. Chase Scholarship

- Fawn Bingham (FHC Inpatient Services)
- Jacqueline Wolff-Ellifson (FHC Obstetrics)

Wanda L. Draeger Nursing Scholarship

- Calli Linse (Carthage College)

Fort Memorial Medical Scholarship

- Jesenia Cuevas (Whitewater HS)
- Alden Ferreira (Palmyra-Eagle HS)
- Michaella Hack (UW Eau Claire)
- Eden Steiner (Fort Atkinson HS)
- Sierra Tackett (Medical College of Wisconsin)



Scott W. Hulstein Scholarship

- Hannah Bingham (Fort Atkinson HS)

Cynthia McKinley Kolasinski Scholarships

- Kaitlyn Holman (University of Evansville)
- Ciara Zaspel (UW Madison)

Arthur & Nancy Nesbitt Nursing Scholarship

- Samantha Fuller (FHC Pediatrics)
- Kirsten Ley (FHC Inpatient Services)
- Natalie Windham (FHC Inpatient Services)
- Annette Wynn (FHC School Nurse)

Dr. Donald & Barbara Williams Scholarship

- Fawn Bingham (Inpatient Services)
- Jacqueline Wolff-Ellifson (Obstetrics)



2017 Handeyside Scholarship

The Fort Memorial Hospital Medical Staff sponsor several scholarships in memory of Dr. Robert Handeyside. Graduating seniors, who reside or attend school in the Fort HealthCare service area (Cambridge, Fort Atkinson, Helenville, Jefferson, Johnson Creek, Lake Mills, Palmyra, Sullivan, and Whitewater) and have chosen a career in the health field, are eligible for this scholarship.

Current committee members include Dr. Christine Chuppa, Dr. William Hofmann, and Dr. Stephanie Nottestad.

Out of 21 scholarship applications submitted this year, awards were granted to:

Elizabeth Cichanofsky (Lakeside)

Physical Therapy - \$2,000

Jesenia Cuevas

(Whitewater)

Nursing - \$2,000

Milena Maroske

(Whitewater)

Biology - \$2,000

Mohamed Mohamed

(Whitewater)

Biochemistry - \$2,000

Katherine Schmid

(Cambridge)

Nursing - \$2,000

Nurstoons

