

RAILYARD FITNESS

2017-2018 Winter Open Gyms

Free!



Railyard fitness is an indoor obstacle course where you get a complete workout disguised as FUN.

Our open gyms are designed to be a come-as-you-go opportunity where you can get out of the house, and have a place to burn off energy during the cold winter months.

The open gyms are always FREE, and kids and adults of all ages are welcome.

Parent/Guardian must be present to supervise children.



**NOV 26
DEC 3**

**PALMYRA ELEMENTARY
SCHOOL**

**DEC
10 & 17**

**SULLIVAN ELEMENTARY
SCHOOL**

**JAN
7, 14, 21,
28**

**CAMBRIDGE ELEMENTARY
SCHOOL**

**FEB
4, 11, 18,
25**

**LAKE MILLS ELEMENTARY
SCHOOL**

**MAR
4, 11, 18,
25**

**BARRIE ELEMENTARY
SCHOOL**

All open gym Sundays are from 2p-4p

*More information can be found at
www.forthhealthcare.com/railyard*