

## May is Better Hearing & Speech Month

May is Better Hearing & Speech Month, an annual occasion designed to raise awareness of hearing loss and speech problems. Originally created in 1927 by the American Speech-Language-Hearing Association (ASHA), in 1986 President Reagan issued a formal proclamation designating May as the official month to heighten public awareness about hearing loss and speech disorders. The goal of Better Hearing & Speech Month is to encourage people to take action if they believe there might be a problem with their hearing or speech.

Many in the hearing care industry take advantage of the opportunity to educate people during the month of May, offering free or discounted hearing screenings and special pricing on hearing aids and assistive listening devices. They've got a large potential audience: an estimated 36 million Americans suffer from hearing loss, a number that continues to grow as the condition is increasingly affecting a younger demographic.

It is also the perfect time to educate people on the prevalence of hearing loss. One out of three adults 65 and older experience some degree of hearing loss; by the age of 75 that number jumps to two out of three. But as previously stated, hearing loss isn't just a condition that affects older people. Children and young adults are at risk for noise-induced hearing loss, especially as the popularity of iPods and personal music devices increases; persistent exposure to excessively loud music is on the rise thanks to earbuds and headphones and the tendency to crank up the volume. Other factors that contribute to hearing loss include ear infections, impacted earwax and ototoxic medications.

Hearing exams are the best way to detect hearing loss early, when there are more treatment options available. They enable an audiologist to identify problems before they worsen and recommend treatment to those who might otherwise suffer debilitating social and emotional affects of hearing loss including depression, isolation, memory loss and cognitive impairment. Hearing exams aren't just important for older adults. Hearing is the cornerstone of a child's language and social skills; impairment can result in developmental delays. Early detection can ensure a child develops at a normal rate alongside his or her peers. Parents can't always tell when a child is having trouble hearing, and newborn hearing screenings aren't 100 percent effective in detecting a hearing problem. Besides, the hearing loss might develop after birth.

If you notice problems with your hearing or suspect a loved one may be suffering from hearing loss, heed the message of Better Hearing & Speech Month and contact us for a hearing exam.

**HEARING AID BATTERY SPECIAL**

**\$25 for 60 'Power One' Batteries through May**

**Fort HealthCare**  
FOR HEALTH  
**Cheryl A. Kinney, Au.D.**  
Audiologist

**FortHealthCare.com/Audiology**

**920.563.6667**  
AUDIOLOGY, 512 WILCOX ST., FORT ATKINSON



## Speech Kids



The second part of Hearing and Speech Month is of course, speech. In honor of that, Fort HealthCare and the UW-Whitewater College of Education-Communication Sciences & Disorders Department are offering Speech Kids again this summer for children ages 3-6 who may benefit from the program during part of the summertime. The program will take place twice a week for three weeks. The cost is \$90 for the entire program. Registration closes on May 4, 2018.

Further details pertaining to scheduling will be determined by enrollment, and families will be notified via email by May 18, 2018 with their child's final schedule. Class

size will be limited to a maximum of five students, thus ensuring an individualized experience for each child. Children will be placed in classes based on age and level of need.

Speech Kids is a speech, language, and social skills summer enrichment program offered through Fort HealthCare, led by certified Fort HealthCare Speech-Language Pathologists and assisted by UW-Whitewater speech-language pathology undergraduate students. Sessions are 45 minutes long and take place at the Fort HealthCare Therapy & Sport Center, 1504 Madison Avenue in Fort Atkinson.

Each week will feature a variety of activities connected by a theme. The content is designed to be fun while building vocabulary concepts and providing more opportunities for your child to talk with peers. The classes will revolve around a consistent routine, including language strategies, art sensory exploration, movement, and songs. The children will work on speech and language skills, as well as cooperative play, listening, and teamwork.

### Language Disorders in Children

Most infants or toddler can understand what you're saying well before they can clearly talk. As they mature and their communication skills develop, most children learn how to put their feelings into words. But a child with a language disorder may have trouble understanding words that they hear and read. This is called receptive language disorder. They may have trouble speaking with others and expressing thoughts and feelings. This is called expressive language disorder. A child will often have both disorders at the same time.

A language disorder can be frustrating, not only for parents and teachers, but also for the child. Without diagnosis and treatment, children with a receptive-expressive language disorder may experience poor performance in school. They may also misbehave because of their frustration over not being able to communicate. But language disorders are a common problem in children, and can be treated.

## Registration

If you are interested in having your child, age 3-6, participate in the Speech Kids group, you may learn more and register online at [FortHealthCare.com/SpeechKids](http://FortHealthCare.com/SpeechKids) and will also need to download the required student health emergency form to fill out. The program cost is \$90 per child. After you register, Fort HealthCare staff will call to schedule a screening to help determine goals for your child and what session schedule best fits your child's needs. Individual speech therapy sessions are also available for those who qualify. Questions may be emailed to [abigail.krueger@forthc.com](mailto:abigail.krueger@forthc.com) or call 920-568-5299.

Fort HealthCare is committed to improving the health and well-being of our communities, with a vision to be the healthiest community in Wisconsin. As the leading healthcare provider in the region, it is our goal to reach as many members of the community as possible with health and wellness messages, providing tools and resources to help individuals improve their health and quality of life, while collaborating with several partners to positively improve the population's health overall on a long term basis. For more information, visit [FortHealthCare.com](http://FortHealthCare.com).



## HR Corner

### Top Workplace Quote of the Month

*Fort HealthCare is the Top Workplace because:*

“it focuses on healthy living and disease prevention for the community and all of the employees.”

- Sarah Stewart, ENT



MILWAUKEE · WISCONSIN  
**JOURNAL SENTINEL**  
PART OF THE USA TODAY NETWORK



Fort HealthCare  
**RESPECT**  
NOMINATIONS  
*Thank you!*

Katie Kalvaitis of the Community Health & Wellness department would like to nominate **Adam Lenarz** of the MSP department for his professionalism and sensitivity. “My dad had his knee replaced so he spent last night up on MSP. He was on his way out and a nurse brought him down, it was cold out and Adam Lenarz had already clocked out and was wearing a coat and offered to help him into the car, because I guarantee my parents looked like they were having a hard time, the LPN that had assisted them getting down was great as well, but he stepped up and helped get him into the car. I don’t think he realized what a kind gesture for them that was after such a long day, but his kindness really encompassed FHC’s values.” Thanks, Adam!

Gina Donnelly, Jennie Burt and Carol Berman of the Surgery department would like to nominate Jim Dahl of the Materials Management department for his excellence, professionalism, responsiveness, sensitivity and teamwork. “Jim has been updating EHS whenever asked, so part numbers match (OR pick list vs patient billing). This makes our jobs so much easier so we don’t have to look up items individually. Jim responds to our requests immediately with no questions asked and no hesitation. We owe you way more than just a Snickers bar, Jim”. Thanks, Jim!

Kathi Gebhardt of the Inpatient Services would like to nominate **Megan Durst** for her professionalism, responsiveness and teamwork. “Support services was short a transporter on P.M. shift. Megan was scheduled as a nursing assistant and was not needed in this role. She graciously accepted the role of transport with a very positive attitude, helping out many departments by her filling this void.” Great Job, Megan!

Terry Tschanz of the Accounting department would like to nominate **Lucas Moehling** of the Plant Services department for his Excellence, Responsiveness and Sensitivity. “Thank you to Lucas for helping me to my car in the snow on April 18th and cleaning off the windows so I didn’t slip and fall. Really appreciate your assistance.” Awesome work, Lucas!

Klaribel Phillips of the Support Services Transport department would like to nominate **Lena Schilling** of the Environmental Services department for her teamwork. “I would like to recognize Lena from EVS. Over the weekend (4/15/18) I was bringing down a patient from MSP to Radiology. I was using a wheelchair from the MSP floor, which does not have an IV pole holder. Lena saw me struggling and asked if I needed help. She helped me by holding the IV pole all the way to Radiology. I really appreciated her help, especially on the weekends when there is only one transporter.” Thanks, Lena!

Jami Miller of the Business Office would like to nominate Keri Williams of the EVS department for her excellence, professionalism and responsiveness. “With Keri being new to FHC, I just wanted to say that she is a wonderful addition to not only the EVS department, but also FHC. She has taken great pride in the areas that she’s been assigned to. She’s friendly and responsive and doing a great job keeping our hospital clean!” Thanks, Keri!



## National Hospital Week



May 6-12, 2018

## CELEBRATION EVENTS:

**MONDAY, MAY 7:**

Assorted Healthy Snacks - Steel Away Cafe

**TUESDAY, MAY 8:**

10 & 15-Year Anniversary Luncheon (invitation only)

**WEDNESDAY, MAY 9:**

Fruit Salad - Steel Away Cafe

**THURSDAY, MAY 10:**

20 Years and Up Anniversary Luncheon (invitation only)

**FRIDAY, MAY 11:**

Vegetable + Dip Cups - Steel Away Cafe

**NOTE: Clinics + 2nd shift, please pick up goodies from hospital kitchen starting at 7:30am M-W-F.**

**walk with a DOC**  
educate. exercise. empower.

**Join Us!** Second Saturday of each month @ 9:00 a.m.

Walk and talk with a local healthcare provider. All ages are welcome!  
The two-mile walking route begins at:

Fort HealthCare Surgical Associates  
212 Milwaukee Avenue West  
Fort Atkinson (near Bicentennial Park)

FortHealthCare.com/WalkWithADoc

### May 12th



On May 12th, 2018, come walk with Dr. Julia Dewey and talk about health, life, and anything you may have questions about. All ages are welcome and the event begins at 9am. We hope to see you there!



## *Books For Babies Donation*



The Dwight Foster Public Library in Fort Atkinson is donating board books for new welcome bags that will be given to all babies born at Fort HealthCare's Birthing Center... All families will receive a copy of the board book "Where Is Baby's Belly Button" by Karen Katz in English or Spanish. The Friends of the Dwight Foster Public Library provided funding to purchase the books.

# Plant Sale

## May 17th & May 18th

(12P.M. - 5P.M.)

(7A.M. - 1P.M.)

### Fort HealthCare - Hospital Mezzanine 611 Sherman Ave E





## Celebrate National Nurses Week

MAY 6-12, 2018

### CELEBRATE WITH US!

Fort HealthCare Nursing Advocacy & Recognition Council



## Friday MAY 4th

### Potato Bar

Begins at 1am for all night shift staff

Brought to you by NRRC members



## Friday MAY 4th

### Mezzanine Activities

Begins 7am - 4pm

Come enjoy the coffee bar, joint commission root beer pong with a root beer float for participation, gratitude card station and kick-off for the house wide passport activity for prizes! Prize Drawings will be held May 11th at noon.



## Wednesday MAY 9th

### School Nurse Recognition

This year, School Nurse Day is May 9th and as a recognition for FHC School Nurses, there will be a scavenger hunt on May 10th!





## FOUNDATION NEWS

# I CARE I GIVE THANK YOU

On behalf of the Fort Memorial Hospital Foundation Board of Directors, thank you to each of our employees, providers and volunteers who made gifts and pledges during our I Care I Give appeal in March. A total of \$17,087 in gifts and pledges was received during the appeal. Funds will be used to provide benevolent care, invest in grants for exceptional care and wellness, and to support area residents pursuing degrees in careers related to healthcare.

## *Foundation Board Reviews Grants*

On April 19, the Foundation Board approved a grant to purchase Alex 2.0, a new mannequin for our Sim Lab. Alex 2.0 is Nasco's newest model including significant upgrades to its programming and functionality. FHC's Simulation Team assisted Nasco during the design process. Matilda will be retiring after a long and distinguished career in the Sim Lab. A retirement celebration will be held for her once Alex has arrived.

The Foundation Board also reviewed reports about the grants for Mammography Vouchers and Indigent Patient Discharge Medications. Both grants continue to have a big impact for the patients served. Among the notable findings, even with more people insured due to ACA, there are many of our neighbors for whom healthcare costs are a challenge. The Board express appreciation for everyone who se support makes these important grants possible.

# 2-Ingredient Bagel Recipe

1 cup of plain Greek yogurt (not flavored), use 2 cups of each and make a double batch, weigh them on a scale so they are all the same (it makes 8), 1 cup self-rising flour, egg wash. Topping of choice.

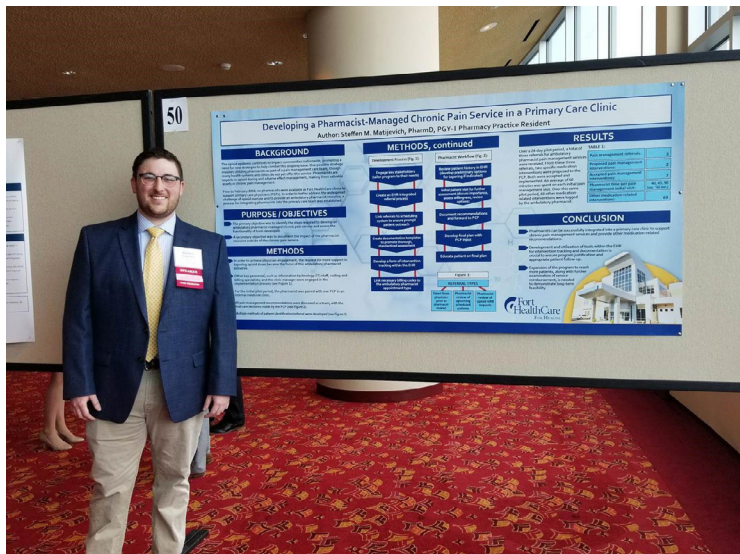
Put the 2 ingredients in a bowl and work to a crumble with a fork into a ball, the batter may still be a little crumbly before the kneading. Transfer to a floured surface and knead for about 30 sec, if it starts to become sticky again add a little flour to your surface (if you have a kitchen aid you could use your hook to do your kneading for you) divide, roll them out long about 7 inches, shape into a ring so there is a small hole in the middle, transfer to a cookie sheet and spray the sheet with Pam. Brush the tops with an egg wash and sprinkle on your topping. Bake at 350 for about 20 min, the final 2 min turn up to 500 to get a golden brown top, but watch them so they don't burn.



It can also be used to make pizza crust or pretzels, too!



**Fort Healthcare Pharmacy Post-Graduate Year 1 (PGY1) Resident, Steffen Matijevich, presents research work completed at Fort Healthcare while attending the Pharmacy Society of Wisconsin Educational Conference, held April 5th and 6th in Madison, WI at the Monona Terrace.**



Steffen Matijevich, a Milton native, graduated from the University of Wisconsin Madison School of Pharmacy and is completing post-graduate work at Fort HealthCare Pharmacy Department. This important post-graduate work, called a PGY1 Residency, allows Steffen and other residents like him across the nation to gain additional clinical practice knowledge and experience through patient-centered activities in real-time with a pharmacist mentor/preceptor at his side or as a resource. The goal of residency training is to help support Steffen as he enters into practice with the confidence, knowledge and skills of a pharmacist in a complex healthcare environment. While training at Fort HealthCare, Steffen gains the skill to assist and support physicians, physician assistants and nurse practitioners as part of multi-disciplinary care team and ultimately helps to provide the best patient care experience possible.

His research at Fort Healthcare allowed him to pilot a new program focused on supporting ambulatory care and outpatient primary and family practice physicians and their teams with medication based recommendations and inquiries. The focus of Steffen's work was in pain medication therapy management and showed how pharmacists can be part of the solution to better patient outcomes. This work was shared at the Pharmacy Society of Wisconsin Educational Conference, a state wide conference attracting pharmacists and pharmacy technicians across Wisconsin as well as neighboring states. He provided a summary of his work in both short oral presentations to his peers and practicing pharmacists and pharmacy technicians, and also as part of a large poster presentation. Interest in his work was well received, as pharmacists continue to strive to find more beneficial ways to support providers and patient care outside the hospital and bridge the gap in transitions of care to the outpatient pharmacist services.

Fort HealthCare's PGY1 Residency Program began just last year, the first of its kind nationally that leverages a collaboration with UW Health, where Steffen is exposed to all that Fort Healthcare has to offer; Emergency Services, Labor and Delivery/Obstetrics, Medical/Surgical Care, Intensive Care, Ambulatory Primary Care Services, Population Health, Drug Information and Pharmacy Management, as well as the unique services provided at UW Health such as Critical Care, Psychiatry Services and Infectious Disease Specialty. Fort Healthcare is currently working toward accreditation through the American Society of Health System (ASHP) for their program which will join 2,310 accredited AHSP Residency Programs across the nation, with 175 of those programs right here in Wisconsin. This unique opportunity helps Fort HealthCare meet its Mission & Vision – To improve the health and well-being of our Community while striving to be the Healthiest Community in Wisconsin – by enhancing the care we provide for patients, envisioning and activating new ways to provide care and by supporting the next generation of health-care providers to be all that they can be!

