



SLIMDOWN 2020

COMMUNITY WEIGH-IN LOCATIONS

WEIGH-INS MARCH 30th – APRIL 6th

CAMBRIDGE

Cambridge Activities Program (CAP)

Main Office

403 Blue Jay Way, Cambridge, WI
• Monday–Friday: 8:30am–3:30pm

FORT ATKINSON

Fort Memorial Hospital

611 Sherman Avenue, Fort Atkinson, WI
Location: Hospital OB Waiting Room

- March 30: 7:00 am–Noon
- March 31: 3:00–7:00pm
- April 1: 11:00 am–3:00pm
- April 2: 8:00 am–Noon
- April 3: 5:00–9:00am
- April 4: 8:00 am–Noon
- April 6: 8:00 am–6:00pm

Blackhawk Fitness

1111 Madison Ave, Fort Atkinson, WI
• Monday–Thursday: 8:00am–1:00pm
and 4:00–7:00pm
• Friday: 8:00am–1:00pm
• Saturday: 9:00am–1:00pm

JEFFERSON

City of Jefferson Recreation Dept.

317 S. Main Street, Jefferson, WI
• Monday-Friday, 8:00am–5:00pm

LAKE MILLS

Lake Mills Recreation Department

120 E. Lake Park Place, Lake Mills, WI
• Monday–Friday: 8:30am–4:30pm

Rock Lake Activity Center

229 Fremont Street, Lake Mills, WI
• Monday–Thursday:
8:00am–Noon, 6:00–8:00pm
• Friday: 8:00am–Noon

WATERLOO

Waterloo Fitness Center & Community Pool

813 N. Monroe Street, Waterloo, WI
• Monday, Wednesday, Friday:
5:30am–8:00am, 11:00am–12:30pm,
4:00–7:30pm
• Tuesday & Thursday:
5:30am–8:00am, 4:00–7:30pm
• Saturday & Sunday: 9am-12pm

WHITEWATER

Whitewater Aquatic and Fitness Center

580 S. Elizabeth Street, Whitewater, WI
• Monday–Friday: 6:00am–8:00pm
• Saturday and Sunday: 9:00am–6:00pm

>>> VISIT [FORTHEALTHCARE.COM/SLIMDOWN](https://www.forthhealthcare.com/slimdown) FOR MORE INFORMATION