



SLIMDOWN 2020

COMMUNITY WEIGH-OUT LOCATIONS

WEIGH-OUTS MAY 18TH & MAY 19TH

CAMBRIDGE

Cambridge Activities Program (CAP)

Main Office

403 Blue Jay Way, Cambridge, WI

- Monday & Tuesday: 8:30am–3:30pm

FORT ATKINSON

Fort Memorial Hospital

611 Sherman Avenue, Fort Atkinson, WI

Location: Hospital OB Waiting Room

- Monday: 12:00–8:00 pm
- Tuesday: 6:00am–8:00pm

Blackhawk Fitness

1111 Madison Ave, Fort Atkinson, WI

- Monday & Tuesday:
8:00am–1:00pm and 4:00–7:00pm

JEFFERSON

City of Jefferson Recreation Dept.,

317 S. Main Street, Jefferson, WI

- Monday & Tuesday: 8:00am–5:00pm

LAKE MILLS

Lake Mills Recreation Department

120 E. Lake Park Place, Lake Mills, WI

- Monday & Tuesday: 8:30am–4:30pm

Rock Lake Activity Center

229 Fremont Street, Lake Mills, WI

- Monday & Tuesday:
8:00am–Noon, 6:00–8:00pm

WATERLOO

Waterloo Fitness Center & Community Pool

813 N. Monroe Street, Waterloo, WI

- Monday: 5:30am–8:00am,
11:00am–12:30pm, 4:00–7:30pm
- Tuesday: 5:30am–8:00am, 4:00–7:30pm

WHITEWATER

Whitewater Aquatic and Fitness Center

580 S. Elizabeth Street, Whitewater, WI

- Monday & Tuesday: 6:00am–8:00pm

>>> VISIT [FORTHHEALTHCARE.COM/SLIMDOWN](https://www.forthhealthcare.com/slimdown) FOR MORE INFORMATION

