



# FORT HEALTHCARE SUMMER 2020 VIRTUAL RUN/WALK SERIES

JOIN US IN BECOMING THE HEALTHIEST COMMUNITY IN WISCONSIN BY LACING UP  
YOUR WALKING/RUNNING SHOES DURING SUMMER OF 2020

## *"Summer Kick-off"*

**RACE: JUNE 19-21**  
**DISTANCE: 5K (3.1 MILES)**

➔ REGISTER FOR FREE AT [FORTHHEALTHCARE.COM/CLASS/VIRTUAL/](https://FORTHHEALTHCARE.COM/CLASS/VIRTUAL/)

➔ WALK/RUN 3.1 MILES BETWEEN JUNE 19-21

➔ SUBMIT PROOF OF TIME/COMPLETION BY 11:59PM ON JUNE 21ST

3 PARTICIPANTS THAT COMPLETE THE RACE WILL BE RANDOMLY SELECTED FOR A  
\$25 VISA GIFT CERTIFICATE!

FOR QUESTIONS, PLEASE VISIT [FORTHHEALTHCARE.COM/VIRTUAL/](https://FORTHHEALTHCARE.COM/VIRTUAL/)  
OR CALL COMMUNITY HEALTH AND WELLNESS AT (920) 568-5475 OR EMAIL  
[WELLNESS.ADVISOR@FORTHHC.COM](mailto:WELLNESS.ADVISOR@FORTHHC.COM)

