



FORT HEALTHCARE SUMMER 2020 VIRTUAL RUN/WALK SERIES

JOIN US IN BECOMING THE HEALTHIEST COMMUNITY IN WISCONSIN BY LACING UP YOUR WALKING/RUNNING SHOES DURING SUMMER OF 2020

"Summer Kick-off"

**RACE #1: JUNE 19-21
DISTANCE: 5K (3.1 MILES)**

"4th of July"

**RACE #2: JULY 3-5
DISTANCE: 5K (3.1 MILES)**

"Dog Days of Summer"

**RACE #3: AUGUST 7-9
DISTANCE: 5K (3.1 MILES)**

"Labor Day"

**RACE #4: SEPTEMBER 4-7
DISTANCE: 5K (3.1 MILES)**

REGISTER FOR FREE AT
[FORTHEALTHCARE.COM/
VIRTUAL/](https://www.forthhealthcare.com/virtual/)



FOR QUESTIONS, PLEASE VISIT [FORTHEALTHCARE.COM/VIRTUAL/](https://www.forthhealthcare.com/virtual/)
OR CALL COMMUNITY HEALTH AND WELLNESS AT (920) 568-5475 OR EMAIL
WELLNESS.ADVISOR@FORTH.COM

