




## Behavioral Health

[www.forthehealthcare.com/mentalhealthhelp or do we use a QR Code??](http://www.forthehealthcare.com/mentalhealthhelp%20or%20do%20we%20use%20a%20QR%20Code??)

### Crisis Resources

	Jefferson County Human Services Intake – Crisis <b>(920) 674-3105</b> If you are calling after 5:30pm, weekends, or holidays please press 7 to be connected to the crisis worker on call. 24/7 Resource
	National Suicide Prevention Lifeline <b>1-800-273-TALK (8255)</b> 24/7 Resource  OR Lifeline Chat <a href="https://suicidepreventionlifeline.org/chat/">https://suicidepreventionlifeline.org/chat/</a> 24/7 Resource
	Text “HOPELINE” to 741741 on mobile devices 24/7 Resource

### Area Providers

Provider	Phone	Location	Services Offered
<b>Fort HealthCare Center for Behavioral Health</b>	920-563-9542	Fort Atkinson, Lake Mills, Cambridge, Whitewater	MH, AODA Therapy, Psychiatry, Suboxone, School Based Therapy Age 5 to Adult
<b>The Center</b>	608-274-8294	Fort Atkinson	MH, AODA, Christian Counseling Therapy, Age 5 to Geriatric
<b>Hidden Path Counseling Jill Mallin, Ph.D.</b>	920-397-4015	Fort Atkinson	MH, Eating Disorders, Gender Identity, Therapy Teens and Adults
<b>Thrive Psychology, LLC</b>	920-645-0917	Fort Atkinson	MH Therapy Age 11 to Geriatric
<b>Counseling Outside of the Box, LLC</b>	608-235-7375	Fort Atkinson	MH Therapy Children/Adolescents
<b>Integrated Counseling (Catholic SS)</b>	920-563-9375	Fort Atkinson	MH Therapy Age 6 to Adult
<b>Quast Counseling Services</b>	262-607-0070	Fort Atkinson	MH, AODA Therapy Age 12-19
<b>I'm Fine Counseling Services, LLC</b>	920-728-1810	Fort Atkinson	MH, AODA, Eating Disorders, PTSD, OCD Therapy Age 7 to Adult, will consider younger than 7 by doing meet and greet
<b>Laura Alwin, PsyD</b>	920-397-6006 920-547-4770	Palmyra	MH Therapy Kids to Adults
<b>Restoring Balance Counseling, LLC</b>	920-674-5050	Jefferson	MH Therapy Age 5 to Adult
<b>Jefferson County Human Services</b>	920-674-3105	Jefferson	MH, AODA Therapy, Psychiatry Age 4 to Adult

<b>Provider</b>	<b>Phone</b>	<b>Location</b>	<b>Services Offered</b>
<b>Family Resource</b>	920-261-4100	Jefferson, Watertown	MH, AODA Therapy Age 4 to Adult
<b>Johnson Creek Counseling &amp; Wellness</b>	920-285-2487	Johnson Creek	MH Therapy
<b>Directions Counseling</b>	920-262-4800	Watertown	MH, AODA Therapy, Psychiatry Age 4 to Geriatric
<b>Resonating Change, Inc. Venessa Farn</b>	920-376-9854	Lake Mills	MH, AODA Therapy EMDR, Sex Therapy, Transgender Issues, Music Therapy Teens to Adults
<b>Cambridge Counseling</b>	608-423-4700	Cambridge	MH, AODA Therapy Age 7 to Adult
<b>Morning Star Psychotherapy</b>	262-458-2525	Whitewater	MH, AODA Therapy Age 6 to Geriatric
<b>Dr. Suzanne L. Popke, Ed.D., LPC</b>	262-490-6067	Whitewater	MH Therapy, Psychological Evals Autism, Learning Disorders Age 3 to Adult
<b>Winther Counseling Lab UW-Whitewater</b>	262-472-2842	Whitewater	MH, AODA Therapy Age 5 to Adult
<b>Walworth County Human Services</b>	262-741-3200	Whitewater	MH, AODA Therapy Children to Adults
<b>Credence Counseling</b>	262-723-3424	Elkhorn	MH, AODA Therapy Age 9 to Adult
<b>Crossroads Counseling</b>	608-755-5260	Janesville	MH, AODA Therapy & Day Programs Age 5 to Adult
<b>Genesis Counseling</b>	608-757-0404	Janesville	MH, AODA Therapy Age 5 to Adult
<b>Compass Behavioral Health</b>	608-755-1475	Janesville	MH, AODA Therapy All Ages
<b>Associates in Psychotherapy</b>	608-752-7255	Janesville	MH, AODA Therapy All Ages
<b>Mercy Options</b>	608-756-5555	Janesville	MH, AODA Therapy, IOP All Ages
<b>Rock County Human Services</b>	608-757-5200	Janesville	MH, AODA Therapy, IOP All Ages
<b>Family Tree Counseling</b>	608-868-5122	Milton	MH, AODA, Gambling, Marriage Therapy Age 6 to Adult

If you would like to add a resource to this listing, please email it to \_\_\_\_\_.