

Created by:



515 S. First St. Watertown, WI 53094 920-262-8090

Updated: 8/2018, 10/2018







Partnership
Mental Health & Substance Abuse
Resource Guide

Table of Contents

National Resources3
Wisconsin Resources4
Dodge County Mental Health Resources5
Dodge County Alcohol & Other Drug Abuse (AODA) Resources6
Dodge County Support Groups7
Dodge County Housing Resources8
Dodge County Housing for Low Income Families8
Jefferson County Mental Health Resources9
Jefferson County Alcohol & Other Drug Abuse (AODA) Resources10
Jefferson County Support Groups11
Jefferson County Housing Resources11
Jefferson County Housing for Low Income Families13
Other Area Mental Health Resources14
Other Area Alcohol & Other Drug Abuse (AODA) Resources15



ALCOHOL & OTHER DRUG ABUSE (AODA) RESOURCES

-Lutheran Social Services

Provides mental health and substance abuse services for all ages. **Janesville**

612 N. Randall Ave Suite A, Janesville 608-752-7660 Extension 5110

2

Other Areas

MENTAL HEALTH

-Life Span Family Services

13035 W. Bluemound Rd, Brookfield 262-784-1121

-Lutheran Social Services

Provides mental health and substance abuse services for all ages.

Janesville

612 N. Randall Ave Suite A, Janesville 608-752-7660 Extension 5110

-Morning Star Psychotherapy

1173 W. Main St. Suite B, Whitewater 262-458-2525 920-728-4416

-National Alliance of Mental Illness (NAMI)

4233 W. Beltline Hwy, Madison 800-236-2988 www.nami.org

-Sonas Behavioral Health Agency

6402 Odana Rd, Madison 608-204-6076

National Resources

-Addiction and Mental Health Helpline

800-821-4357

-Al-Anon for families and friends of alcoholics

800-484-7915 or 920-262-2592

Al-Anon.org

-Alcohol & Drug Helpline

800-821-4357

-Center for Substance Abuse Treatment National Drug & Alcohol Treatment Referral Service

800-622-4357

-National Drug & Alcohol Abuse Help Line

888-246-3799

-National Hopeline Network

800-784-2433

-National Suicide Prevention Lifeline

800-273-8255

-Substance Abuse & Mental Health Services Administration

Website which allows you to search by state and zip code for mental health service providers

findtreatment.samhsa.gov/

Wisconsin Resources

-Text "HOPELINE" to 741741.

HOPELINE, by the Center for Suicide Awareness, is a text-in (versus voice call-in) free service for help and hope. HOPELINE is the Emotional Support Text Line in the State of Wisconsin and provides service throughout the entire state.

-Mental Health America Wisconsin

600 W. Virginia St. Suite 502, Milwaukee 414-276-3122 or 800-273-8255 (Crisis Line) www.mhawisconsin.org

-Narcotics Anonymous (NA)

Wisconsin Hotline 800-240-0276
The information contained in this list is subject to change.
www.wisconsinna.org

-Wisconsin Addiction Recovery Helpline

833-944-4673 or 211 Available 24/7

-Wisconsin Statewide Crisis Line

866-317-9362

-Watertown Housing Authority

201 N. Water St., Watertown 920-261-7795

HOUSING FOR LOW INCOME FAMILIES

-Fort Atkinson

Grove Street Townhomes- 920-691-0163 North Pointe Village- 920-568-9333 Rockland Court Apartments- 920-563-8253 Rockwell Court Apartments- 920-691-0163

-Jefferson

Jefferson Apartments- 920-674-4450 Jefferson Housing Authority- 920-674-5294 Rockview Apartments- 888-759-1990 School House Apartments- 414-64-8750 Alverno Housing Corporation- 920-674-8378 or 920-674-4330 River Crest- 920-674-5294 (9:30 am-4:30 pm) UMOS- 920-356-0690 or 920-427-2354

-Lake Mills

Lake Mills Housing Authority – 920-648-5064

-Watertown

Affordable Housing Division Wisconsin Management Co.-800-346-8581 Watertown East- 920-206-8541 Watertown Meadows Apartments- 920-262-9661 (11 am-4 pm) Watertown Housing Authority- 920-261-7795

-Waterloo

Waterloo Green Apartments- 920-478-3927 (9 am-2 pm)

-Community Action Coalition for South Central Wisconsin, Inc.

114 E. Main St., Watertown

920-262-9667

Serves Jefferson and Waukesha Counties with help obtaining/ maintaining housing, subsidized rentals, emergency shelter, eviction prevention, landlord/tenant mediation, rapid re-housing, and transitional housing programs

-Crossroads

114 E. Main St., Watertown 920-262-9667

crossroadsofwatertown@gmail.com

Rental Assistance, transitional home, help with 1st month's rent for Watertown Unified School district residents. Call Community Action Coalition for application

-Dave Gallup Foundation

314 Madison Ave, Fort Atkinson 262-470-8269

Modified Therapeutic Community within a sober and supported living environment for women

-Jefferson Housing Authority

431 N. Elizabeth Ave, Jefferson 920-674-5294

-Lake Mills Housing Authority

228 Water St., Lake Mills 920-648-5064

-Salvation Army

517 S. 1st St., Watertown (Watertown Senior and Community Center) 10 AM every Wednesday, no appointment needed. Rent & utility assistance to Watertown Unified School District residents

-St. Vincent De Paul

1181 N. 4th St., Watertown 920-261-2691 Assistance with rent payments and utility bills

Dodge County

MENTAL HEALTH

-Affiliated Counseling Center

1807 N. Center Ave, Beaver Dam 920-887-8751

-Agnesian Healthcare Behavioral Health Services

Waupun Memorial Hospital 620 W. Brown St., Waupun 920-926-4200

-Church Health Services

115 N. Center St., Beaver Dam 920-887-1766

-Christian Counseling, LLC

125 Dodge Dr. #106, Beaver Dam 920-887-3118

-County Veterans Service Office

127 E. Oak St., Juneau 920-386-3798

-Crisis Lines

920-386-4094 (Business hours) or 920-386-3726 (After Hours) or dial 9-1-1

-Directions Counseling Center

Watertown Regional Medical Center 123 Hospital Dr. Suite 110, Watertown 920-262-4800 Mental health clinic for adults, children, and substance abuse

-Dodge County Human Services

199 County Rd DF, Juneau 920-386-3500

Confidential mental health services and substance abuse services to county residents of all ages. Monday through Friday: 7:30 a.m. to 4:30 p.m., Evening Appointments Available

-Janna Fields, LLC

125 Dodge Dr. #105, Beaver Dam 920-885-5784

-National Alliance on Mental Illness (NAMI) Dodge County

115 N. Center St., Beaver Dam 920-887-1766 ext. 217 namidodge@gmail.com www.namiwisconsin.org

Monthly Peer Support group the first Monday of every month from 6:30 - 8:00 pm at MPTC, 700 Gould St. in Beaver Dam and a free 12 week Family to Family education class on an as needed basis for family members and friends of those who directly support a loved one with mental illness. Registration is only required for the Family to Family class.

ALCOHOL & OTHER DRUG ABUSE (AODA) RESOURCES

-Alcoholics Anonymous

District 23 Dodge County 608-222-8989 or 414-771-9119 *Alcoholics Anonymous(AA) meetings:*

(<u>www.area75.org/meetings</u> for location, days and times)

-Agnesian Healthcare Behavioral Health Services

Waupun Memorial Hospital 620 W. Brown St., Waupun 920-929-4200

-Fort HealthCare Behavioral Health Center

1520 Madison Ave, Fort Atkinson 920-563-9542

-God Touch Ministry

625 S. Main St., Jefferson 920-728-4555

-Jefferson County Human Services

1541 Annex Rd, Jefferson 920-674-3105

Adults & children living in Jefferson County with alcohol or drug issues.

-Recovery Support Center

110 S. Second St. Suite E, Watertown 920-988-6944 www.recoverysupportcenter.org

SUPPORT GROUPS

-Newfocus

792 Milford St., Watertown 920-285-8925

anewfocus.org

dkurtz@cbcs.org

Support group meeting Fridays from 6:30-8:30pm at the Watertown Senior & Community Center 514 S. First St., Watertown. Child care available

JEFFERSON COUNTY HOUSING RESOURCES

-Bethel House

133 S. Franklin St., Whitewater 262-473-2715

Provides interim housing for homeless families with children for up to one year while assisting them with utilizing various social services to transition them back to independent housing

-National Alliance on Mental Illness (NAMI) Jefferson County

920-728-7331

NAMI.JeffersonWI@gmail.com

Facebook: NAMI Jefferson County WI

Dedicated to helping those with mental illness and their families and friends to reduce the negative effects of mental illness on their quality of life through education, guidance, advocacy and support.

-Silver Lining Psychology

162 W. Main St. Suite F, Whitewater 920-728-4416

-Watertown Counseling

312 E. Main St. Suite 210 (CCLS building), Watertown 262-223-6125
Gary@GaryProbst.com

-Winther Counseling Lab

230 N. Prairie St. Winther Hall, Room 3004, Whitewater 262-472-2842
Spanish speaking therapist available

ALCOHOL & OTHER DRUG ABUSE (AODA) RESOURCES

-Alcoholics Anonymous

District 11 Jefferson County 608-222-8989 or 414-771-9119 Alcoholics Anonymous (AA) meetings:

(www.area75.org/meetings for location, days and times)

-Dave Gallup Foundation

314 Madison Ave, Fort Atkinson 262-470-8269 NA meeting held Monday & Thursday at 7pm.

-Directions Counseling Center

Watertown Regional Medical Center 123 Hospital Dr. Suite 110, Watertown 920-262-4800

-C.A.R.E for Dodge County Inc. (Community Awareness & Recovery Environment)

PO Box 84, Beaver Dam, WI 53916 920-219-0341

Brings awareness, education, and prevention to our community and bridging the gap between addiction and recovery by bringing resources to our area.

-Dodge County Human Services

199 County Rd DF, Juneau 920-386-3500

Confidential mental health services and substance abuse services to county residents of all ages. Monday through Friday: 7:30 a.m. to 4:30 p.m., Evening appointments available

-St. Agnes Hospital- Behavioral Health

430 E. Division St., Fond du Lac 920-926-4200 or 920-926-4290

SUPPORT GROUPS

-Community Support Program

Dodge Co. Human Services & Health Dept 199 County Rd DF, Juneau 920-386-3500

-Hope Heals Support Group

hope heals@yahoo.com Facebook: Hope Heals

130 Warren St. Entrance B, Conference Room D, Beaver Dam (clinic building behind Beaver Dam Hospital)

Support group for friends and families that have a loved one with an addiction problem. Meets every Wednesday night 7pm-8pm

-National Alliance on Mental Illness (NAMI) Dodge County

115 N. Center St., Beaver Dam 920-887-1766 ext. 217 namidodge@gmail.com www.namiwisconsin.org

Monthly Peer Support group the first Monday of every month from 6:30 - 8:00 pm at MPTC, 700 Gould St. in Beaver Dam and a free 12 week Family to Family education class for family members and friends of those who directly support a loved one with mental illness. Registration is only required for the Family to Family class.

DODGE COUNTY HOUSING RESOURCES

-Dodge County Housing Authority

491 E. Center St., Juneau 920-386-2866 www.dodgehousing.org

-New Beginnings Homeless Shelter

Single Men- 845 Madison St., Beaver Dam Women & Families- 407 Beaver St., Beaver Dam 920-885-9559

-Forward Service Corp

834 Park Ave, Beaver Dam 800-771-8420

-Central WI Community Action Council

134 Spring St., Beaver Dam 920-885-9559

HOUSING FOR LOW INCOME FAMILIES

-Beaver Dam

Bayshore Apartments- 920-887-1701 Valley Crest Apartments- 920-885-5052

<u>Jefferson County</u>

MENTAL HEALTH

-Cambridge Counseling Center 120 E. Main St., Cambridge

608-423-4700

www.cambridgecounselingclinic.com

-County Veterans Service Office

311 S. Center Ave, Room 207, Jefferson 920-674-7240

-Crisis Lines

920-674-3105 or dial 9-1-1

-Directions Counseling Center

Watertown Regional Medical Center 123 Hospital Dr. Suite 110, Watertown 920-262-4800 Mental health clinic for adults, children, and substance abuse

-Family Resources Associates - A full service mental health clinic Watertown: 1315 W. Main St., Watertown, 920-261-4100 Jefferson: 246 Wisconsin Dr., Jefferson, 920-541-3706

-Fort HealthCare Behavioral Health Center

1520 Madison Ave, Fort Atkinson 920-563-9542

-Integrated Counseling Services Catholic Charities

734 Madison Ave, Fort Atkinson 920-563-9375

-Jefferson County Human Services:

1541 Annex Rd, Jefferson 920-674-3105

Services to adults and children with mental illness, alcohol , or drug issues.