## Fort HealthCare Mental Health Crisis Resources

FortHealthCare.com/BehavioralHealth



Jefferson County Human Services Intake–Crisis: (920) 674-3105 If you are calling after 5:30pm, weekends, or holidays please press 7 to be connected to the crisis worker on call.



Text "HOPELINE" to 741741 on mobile devices; 24/7 Resource



24/7 Resources: 988 Suicide & Crisis Lifeline: Call or Text 988 OR Lifeline Chat: https://suicidepreventionlifeline.org/chat/

## **Area Providers**

Provider	Phone	Location	Services Offered
Fort HealthCare		Fort	MH Therapy
Center for Behavioral Health	920-563-9542	Atkinson,	Psychiatry, Suboxone, School
	(MH Therapy-Waitlist-	Whitewater	Based Therapy
	accepting internal referrals only)		Age 5 to Adult
The Center	608-274-8294	Fort Atkinson	MH, AODA, Christian
	(Currently not accepting		Counseling Therapy, Age 5 to
	New Clients)		Geriatric
Hidden Path Counseling	920-397-4015	Fort Atkinson	MH, Eating Disorders, Gender
Jill Mallin, Ph.D.	(Currently not accepting		Identity, Therapy
	New Clients)		Teens and Adults
Thrive Psychology, LLC	920-645-0917	Fort Atkinson	MH Therapy
	(Currently not accepting		Age 15 to Geriatric
	New Clients)		
Counseling Outside of the Box,	608-235-7375	Fort Atkinson	MH Therapy
LLC	(Currently not accepting		(Telehealth appointments
	New Clients, can call		only at this time)
	later in the summer of		Age 6 to Adult
	2023 to see if they can		
	schedule)		
<b>Quast Counseling Services</b>	262-607-0070	Fort Atkinson	EMDR, DBT, ACT
			Age 11-60 (Cannot accept Medicare)
Behavioral Health Clinic	715-842-9500	Fort Atkinson	MH Therapy,
		(Does not accept	Psychological Evals
		Medicaid, Tricare,	Autism, Learning Disorders,
		UHC, WEA Trust)	Specialty Evaluations
			Age 3 to Adult
Laura Mathis, PsyD	920-397-6006	Palmyra	MH Therapy
	920-547-4770		Kids to Adults
			(Mon-Thurs daytime hours only)



## If you would like to add a resource to this listing, please email your request to: promo@forthc.com

Age 5 to Adult	Provider	Phone	Location	Services Offered
Insurance Accepted   1920-674-3105   Press option 7   Press option 7   Intake worker will assess and refer for services	Restoring Balance Counseling,	920-674-5050	Jefferson	MH Therapy
Jefferson Co. Human Services   920-674-3105   Press option 7   Jefferson   Intake worker will assess and refer for services	LLC	(No Medicare or Tricare		Age 5 to Adult
Press option 7   refer for services		Insurance Accepted)		
Oak Tree Child and Family Services, LLC  920-541-3078    Jefferson	Jefferson Co. Human Services	920-674-3105	Jefferson	Intake worker will assess and
Services, LLC  920-541-3078  Age 2 to Adult + Families; Play Therapy and Sensory Room, Marriage Therapy  Family Resource  920-261-4100  Jefferson, Watertown  MH, AODA Therapy Age 4 to Adult  Milton  MH, AODA, Gambling, Marriage Therapy Age 7 to Adult  MH, AODA Therapy Age 15 to Adult  Psychiatry - Age 18 to Adult  Serenity Mental Health  920-545-4357  Watertown  MH, AODA, Marriage Age 5 and older (Cannot accept Medicare)  MH, AODA Therapy Age 15 to Adult  Psychiatry - Age 18 to Adult  Psychiatry - Age 18 to Adult  MH, AODA, Marriage Age 5 and older (Cannot accept Medicare)  MH, AODA Therapy EMDR, Sex Therapy, Transgender Issues, Music Therapy Teens to Adults  Cambridge Counseling  608-423-4700  Cambridge  MH, AODA Therapy Age 7 to Adult  Credence Counseling  608-423-4700  Cambridge  MH, AODA Therapy Age 7 to Adult  Accepting new patients, telehealth video only)  Genesis Counseling  608-757-0404 (Accepting a limited number of new patients,		Press option 7		refer for services
Services, LLC  920-541-3078  Age 2 to Adult + Families; Play Therapy and Sensory Room, Marriage Therapy  Family Resource  920-261-4100  Jefferson, Watertown  608-868-5122  Milton  MH, AODA Therapy Age 4 to Adult  MH, AODA, Gambling, Marriage Therapy Age 7 to Adult  MH, AODA Therapy Age 15 to Adult  Psychiatry - Age 18 to Adult  Serenity Mental Health  920-545-4357  Watertown  MH, AODA, Marriage Age 5 and older (Cannot accept Medicare)  MH, AODA Therapy  Age 5 and older (Cannot accept Medicare)  MH, AODA Therapy  EMDR, Sex Therapy, Transgender Issues, Music Therapy  EMDR, Sex Therapy, Transgender Issues, Music Therapy  Employed Therapy  Employed MH, AODA Therapy  Employed MH, AODA Therapy  Employed MH, AODA Therapy  Teens to Adults  Cambridge Counseling  608-423-4700  Cambridge  Cambridge Sex Therapy, Transgender Issues, Music Therapy  Age 7 to Adult  MH, AODA Therapy Age 7 to Adult  Accepting new patients, selebalth video only)  Genesis Counseling  608-757-0404  (Accepting a limited number of new patients, selebalth video only)  Janesville  MH  Age 5 to Adult				
Family Resource  920-261-4100  Family Tree Counseling  608-868-5122  Milton  MH, AODA Therapy Age 4 to Adult  MH, AODA, Gambling, Marriage Therapy Age 7 to Adult  Watertown  MH, AODA Therapy Age 7 to Adult  Watertown  MH, AODA Therapy Age 7 to Adult  Watertown  MH, AODA Therapy Age 15 to Adult  Psychiatry - Age 18 to Adult  Serenity Mental Health  920-545-4357  Watertown  MH, AODA, Marriage Age 5 and older (Cannot accept Medicare)  Resonating Change, Inc.  Venessa Farn  920-376-9854  Lake Mills  MH, AODA Therapy EMDR, Sex Therapy, Transgender Issues, Music Therapy Teens to Adults  Cambridge Counseling  608-423-4700  Cambridge  Credence Counseling  262-723-3424 (Accepting new patients, telehealth video only)  Genesis Counseling  608-757-0404 (Accepting a limited number of new patients, telehealth video only)  Janesville  MH Age 5 to Adult			Jefferson	1.0
Family Resource  920-261-4100  Jefferson, Watertown Age 4 to Adult  MH, AODA, Gambling, Marriage Therapy Age 7 to Adult  Directions Counseling  920-262-4800 (Currently not accepting new patients, a few weeks as of mid-June)  Serenity Mental Health  920-545-4357  Watertown  920-376-9854  Watertown  MH, AODA Therapy Age 15 to Adult Psychiatry - Age 18 to Adult MH, AODA, Marriage Age 5 and older (Cannot accept Medicare)  Resonating Change, Inc.  920-376-9854  Lake Mills  MH, AODA Therapy EMDR, Sex Therapy, Transgender Issues, Music Therapy Teens to Adults  Cambridge Counseling  608-423-4700  Cambridge  MH, AODA Therapy Age 7 to Adult  Credence Counseling  Elkhorn  MH, AODA Therapy Age 7 to Adult  Accepting new patients, telehealth video only)  Genesis Counseling  MH, AODA Therapy Age 7 to Adult  MH, AODA Therapy Age 7 to Adult	Services, LLC	920-541-3078		I =
Family Resource  920-261-4100  Jefferson, Watertown  MH, AODA Therapy Age 4 to Adult  MH, AODA, Gambling, Marriage Therapy Age 7 to Adult  MH, AODA Therapy Age 7 to Adult  MH, AODA Therapy Age 15 to Adult  Psychiatry - Age 18 to Adult  Serenity Mental Health  920-545-4357  Watertown  MH, AODA, Marriage Age 5 and older (Cannot accept Medicare)  Resonating Change, Inc.  Venessa Farn  920-376-9854  Lake Mills  MH, AODA Therapy EMDR, Sex Therapy, Transgender Issues, Music Therapy Teens to Adults  Cambridge Counseling  608-423-4700  Cambridge  Credence Counseling  608-723-3424 (Accepting new patients, telehealth video only)  Genesis Counseling  608-757-0404 (Accepting a limited number of new patients,				10
Family Tree Counseling  608-868-5122  Milton  MH, AODA, Gambling, Marriage Therapy Age 7 to Adult  MH, AODA Therapy Age 15 to Adult  Psychiatry - Age 18 to Adult  MH, AODA Therapy Age 15 to Adult  MH, AODA, Marriage MH, AODA, Marriage Age 5 and older (Cannot accept Medicare)  Resonating Change, Inc.  Page 18 to Adult  Psychiatry - Age 18 to Adult  MH, AODA, Marriage Age 5 and older (Cannot accept Medicare)  MH, AODA Therapy EMDR, Sex Therapy, Transgender Issues, Music Therapy Teens to Adults  Cambridge Counseling  MH, AODA Therapy Age 7 to Adult  Credence Counseling  262-723-3424 (Accepting new patients, telehealth video only)  Genesis Counseling  608-757-0404 (Accepting a limited number of new patients, age 5 to Adult  MH, AGDA Therapy Age 7 to Adult  MH, AODA Therapy Age 7 to Adult				Room, Marriage Therapy
Family Tree Counseling  608-868-5122  Milton  MH, AODA, Gambling, Marriage Therapy Age 7 to Adult  MH, AODA Therapy Age 15 to Adult  Psychiatry - Age 18 to Adult  MH, AODA Therapy Age 15 to Adult  MH, AODA, Marriage MH, AODA, Marriage Age 5 and older (Cannot accept Medicare)  Resonating Change, Inc.  Page 18 to Adult  Psychiatry - Age 18 to Adult  MH, AODA, Marriage Age 5 and older (Cannot accept Medicare)  MH, AODA Therapy EMDR, Sex Therapy, Transgender Issues, Music Therapy Teens to Adults  Cambridge Counseling  MH, AODA Therapy Age 7 to Adult  Credence Counseling  262-723-3424 (Accepting new patients, telehealth video only)  Genesis Counseling  608-757-0404 (Accepting a limited number of new patients, age 5 to Adult  MH, AGDA Therapy Age 7 to Adult  MH, AODA Therapy Age 7 to Adult	Family Degaynes	020 261 4100	Laffamas	MIL AODA The manage
Family Tree Counseling  608-868-5122  Milton  MH, AODA, Gambling, Marriage Therapy Age 7 to Adult  Watertown  MH, AODA Therapy Age 15 to Adult Psychiatry - Age 18 to Adult  Serenity Mental Health  920-545-4357  Watertown  MH, AODA, Marriage Age 5 and older (Cannot accept Medicare)  Resonating Change, Inc.  Venessa Farn  920-376-9854  Lake Mills  MH, AODA, Marriage Age 5 and older (Cannot accept Medicare)  MH, AODA Therapy EMDR, Sex Therapy, Transgender Issues, Music Therapy Teens to Adults  Cambridge Counseling  608-423-4700  Cambridge  MH, AODA Therapy Age 7 to Adult  Credence Counseling  262-723-3424 (Accepting new patients, telehealth video only)  Genesis Counseling  608-757-0404 (Accepting a limited number of new patients,	ranny Resource	920-201-4100	,	
Marriage Therapy Age 7 to Adult  Directions Counseling  920-262-4800 (Currently not accepting new patient-Wait list, a few weeks as of mid-June)  Watertown  MH, AODA Therapy Age 15 to Adult Psychiatry - Age 18 to Adult Psychiatry - Age 18 to Adult MH, AODA, Marriage Age 5 and older (Cannot accept Medicare)  Resonating Change, Inc.  Venessa Farn  920-376-9854  Lake Mills  MH, AODA Therapy EMDR, Sex Therapy, Transgender Issues, Music Therapy Teens to Adults  Cambridge Counseling  608-423-4700  Cambridge  MH, AODA Therapy Age 7 to Adult  Credence Counseling  262-723-3424 (Accepting new patients, telehealth video only)  Genesis Counseling  608-757-0404 (Accepting a limited number of new patients, lately age 5 to Adult  MH, AODA Therapy Age 7 to Adult  MH, AODA Therapy Age 7 to Adult		100 0 10 7100		
Directions Counseling  920-262-4800 (Currently not accepting new patient-Wait list, a few weeks as of mid-June)  Serenity Mental Health  920-545-4357  Watertown  MH, AODA, Marriage Age 5 and older (Cannot accept Medicare)  Resonating Change, Inc.  920-376-9854  Lake Mills  MH, AODA Therapy EMDR, Sex Therapy, Transgender Issues, Music Therapy Teens to Adults  Cambridge Counseling  608-423-4700  Cambridge  Credence Counseling  262-723-3424 (Accepting new patients, telehealth video only)  Genesis Counseling  608-757-0404 (Accepting a limited number of new patients,	Family Tree Counseling	608-868-5122	Milton	,
Directions Counseling  920-262-4800 (Currently not accepting new patient-Wait list, a few weeks as of mid-June)  Serenity Mental Health  920-545-4357  Watertown  MH, AODA, Marriage Age 5 and older (Cannot accept Medicare)  Resonating Change, Inc.  Venessa Farn  920-376-9854  Lake Mills  MH, AODA Therapy EMDR, Sex Therapy, Transgender Issues, Music Therapy Teens to Adults  Cambridge Counseling  608-423-4700  Cambridge  Credence Counseling  262-723-3424 (Accepting new patients, telehealth video only)  Genesis Counseling  608-757-0404 (Accepting a limited number of new patients, elements)  MH, AODA Therapy Age 7 to Adult				
Currently not accepting new patient-Wait list, a few weeks as of mid-June)   Age 15 to Adult	Directions Counseling	920-262-4800	Watertown	<del>- i</del>
Serenity Mental Health   920-545-4357   Watertown   MH, AODA, Marriage Age 5 and older (Cannot accept Medicare)				
Serenity Mental Health  920-545-4357  Watertown  MH, AODA, Marriage Age 5 and older (Cannot accept Medicare)  MH, AODA Therapy EMDR, Sex Therapy, Transgender Issues, Music Therapy Teens to Adults  Cambridge Counseling  608-423-4700  Cambridge  Cambridge  Cambridge  Cambridge  Cambridge  MH, AODA Therapy Age 7 to Adult  Credence Counseling  262-723-3424 (Accepting new patients, telehealth video only)  Genesis Counseling  608-757-0404 (Accepting a limited number of new patients,				Psychiatry - Age 18 to Adult
Resonating Change, Inc. Venessa Farn  920-376-9854  Lake Mills  MH, AODA Therapy EMDR, Sex Therapy, Transgender Issues, Music Therapy Teens to Adults  Cambridge Counseling  608-423-4700  Cambridge  MH, AODA Therapy Age 7 to Adult  Credence Counseling  262-723-3424 (Accepting new patients, telehealth video only)  Genesis Counseling  608-757-0404 (Accepting a limited number of new patients,	Serenity Mental Health	ŕ	Watertown	MH AODA Marriage
Resonating Change, Inc.  Venessa Farn  920-376-9854  Lake Mills  MH, AODA Therapy EMDR, Sex Therapy, Transgender Issues, Music Therapy Teens to Adults  Cambridge Counseling  608-423-4700  Cambridge  MH, AODA Therapy Age 7 to Adult  Credence Counseling  262-723-3424 (Accepting new patients, telehealth video only)  Genesis Counseling  608-757-0404 (Accepting a limited number of new patients,	Sciency Wentai Health	720 343 4337	W dicitown	
Resonating Change, Inc.920-376-9854Lake MillsMH, AODA Therapy EMDR, Sex Therapy, Transgender Issues, Music Therapy Teens to AdultsCambridge Counseling608-423-4700CambridgeMH, AODA Therapy Age 7 to AdultCredence Counseling262-723-3424 (Accepting new patients, telehealth video only)ElkhornMH, AODA Therapy Age 7 to AdultGenesis Counseling608-757-0404 (Accepting a limited number of new patients,JanesvilleMH Age 5 to Adult				
Venessa Farn  EMDR, Sex Therapy, Transgender Issues, Music Therapy Teens to Adults  Cambridge Counseling  608-423-4700  Cambridge  MH, AODA Therapy Age 7 to Adult  Credence Counseling  262-723-3424 (Accepting new patients, telehealth video only)  Genesis Counseling  608-757-0404 (Accepting a limited number of new patients,	Resonating Change, Inc.	920-376-9854	Lake Mills	
Therapy Teens to Adults  Cambridge Counseling  608-423-4700  Cambridge  MH, AODA Therapy Age 7 to Adult  Credence Counseling  262-723-3424 (Accepting new patients, telehealth video only)  Genesis Counseling  608-757-0404 (Accepting a limited number of new patients,	Venessa Farn			
Cambridge Counseling  608-423-4700  Cambridge  MH, AODA Therapy Age 7 to Adult  Credence Counseling  262-723-3424  (Accepting new patients, telehealth video only)  Genesis Counseling  608-757-0404  (Accepting a limited number of new patients,				Transgender Issues, Music
Cambridge Counseling  608-423-4700  Cambridge  MH, AODA Therapy Age 7 to Adult  Credence Counseling  262-723-3424 (Accepting new patients, telehealth video only)  Genesis Counseling  608-757-0404 (Accepting a limited number of new patients,				
Credence Counseling  262-723-3424 (Accepting new patients, telehealth video only)  Genesis Counseling  608-757-0404 (Accepting a limited number of new patients,				
Credence Counseling  262-723-3424 (Accepting new patients, telehealth video only)  Genesis Counseling  608-757-0404 (Accepting a limited number of new patients,	Cambridge Counseling	608-423-4700	Cambridge	1
(Accepting new patients, telehealth video only)  Genesis Counseling  608-757-0404 (Accepting a limited number of new patients,	Cradence Counceling	262 723 2424	Elkhorn	
Genesis Counseling  608-757-0404 (Accepting a limited number of new patients,  telehealth video only)  Janesville MH Age 5 to Adult	Credence Counseling		LIKHOHI	1,7
Genesis Counseling  608-757-0404 (Accepting a limited number of new patients,  Janesville MH Age 5 to Adult				to Adult
(Accepting a limited number of new patients,  Age 5 to Adult		•		
number of new patients,	Genesis Counseling		Janesville	
				Age 5 to Adult
innited insurances)		-		
	Compass Behavioral Health	1	Ianesville	MH AODA Therapy Age 3
to Adult	Compass Denavioral Health	000-733-1473	Janesvine	
to riduit				to riduit



## If you would like to add a resource to this listing, please email your request to: promo@forthc.com

Provider	Phone	Location	Services Offered
Crossroads Counseling	608-755-5260 (Accepting a limited number of new patients, limited insurances)	Janesville	MH, AODA Therapy & Day Programs Age 5 to Adult
Associates in Psychotherapy	608-752-7255	Janesville	MH, AODA Therapy, DBT & EMDR Age 2 to Adult
Mercy Options	608-756-5555 (Not accepting new patients)	Janesville	MH, AODA Therapy 14 and older Autism therapy call: 608-756-8226
Mercy Options	608-756-6545	Janesville	IOP, ADT and WINGS Age 18 and Up
<b>Rock County Human Services</b>	608-757-5200 (Accepts Medicaid patients and uninsured)	Janesville	MH, AODA Therapy, IOP All Ages
Morning Star Psychotherapy	262-458-2525	Whitewater	MH, AODA Therapy Couple Therapy and Life Coaching Age 6 to Geriatric
Paquette Center	262-473-0670	Whitewater	MH, AODA Therapy, Group Treatment, DBT, Psychological Testing and Evaluations Age 5 to Geriatric
Walworth County Human Services (Must be a Walworth County resident)	262-741-3200	Whitewater	MH, AODA Therapy, Family Therapy, CSP Age 13 to Adult
Winther Counseling Lab UW- Whitewater	262-472-2842 (Closed when UW- Whitewater is on break)	Whitewater	MH, AODA Therapy Age 5 to Adult (Closed during the Summer; opens September)
Sibbing Psychotherapy and Counseling Services	262-215-6056	Whitewater (Only telehealth services on Mondays)	Marriage Counseling (Cannot accept Medicare)
Dr. Suzanne L. Popke, Ed.D., LPC	262-490-6067	Whitewater	MH Therapy, Psychological Evals Autism, Learning Disorders Age 3 to Adult