

# Community Resources

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*This is a compilation of resources for patient services and as these resources are helpful, they change and evolve quickly and have potential to change for holidays. Please make sure you complete an internet search or call as these are subject to change. If patients have insurance, please encourage them to reach out to their insurance for up to date services and resources provided through them.*

South Central (Jefferson, Dodge, Dane, Rock Counties) Senior Resources 2020/2021 Director of Services:

<https://cld.bz/8iShyG>

Walworth County Senior Resources: <http://www.co.walworth.wi.us/DocumentCenter/View/1458/Website-Version-Resource-Directory-2019-pdf>

# Community Resources

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## General

1. “Your Friends in Action is a community-based volunteer program of Rainbow Hospice Care, serving all of Jefferson County. Your Friends In Action provides friendly visits, shopping and errands, light housekeeping and transportation to elderly and disabled individuals who have no other resources available to help them.”  
<https://yourfriendsinaction.org/about-us/>

## Housing

1. In Jefferson County, the Community Action Coalition provides low-income housing information and resources. They are located at 114 E Main Street, Watertown, (920) 262-9667.
  - a. Lobby areas are not open.
  - b. Addition of Wisconsin Rental Assistance ProgramJefferson County -  
[https://www.jeffersoncountywi.gov/departments/human\\_services/aging\\_and\\_disability\\_resource\\_center/low\\_income\\_housing.php](https://www.jeffersoncountywi.gov/departments/human_services/aging_and_disability_resource_center/low_income_housing.php)  
Community Action Coalition - <https://www.cacscw.org/>  
<https://www.cacscw.org/wp-content/uploads/2020/07/Master-WTFG-Jefferson-Co-0419.pdf>
2. Additional housing support and rental listings can be found at <http://www.wihousingsearch.org/>.
3. Bethel House: Provides interim housing for homeless families with children for up to one year, while assisting them with utilizing various social services to transition them back to independent housing. 133 S. Franklin Street, Whitewater, WI 53190. 1-262-473-2715.
4. Community Action Coalition for South Central Wisconsin Inc.: Serves Jefferson and Waukesha Counties with help obtaining/maintaining housing, landlord/tenant mediation, rapid rehousing, and transitional housing programs. 114 E. Main Street, Watertown, WI 53098. 1-920-262-9667.
5. Crossroads: Rental Assistance, Transitional home, help with 1<sup>st</sup> month’s rent for Watertown Unified School District residents. Call Community Action Coalition for Application, 1-920-262-9667, or email [crossroadsofwatertown@gmail.com](mailto:crossroadsofwatertown@gmail.com)
6. Dave Gallup Foundation: Modified Therapeutic Community with a sober and supported living environment for women. 314 Madison Ave, Fort Atkinson, WI 53538. 1-262-470-8269.
7. Jefferson Housing Authority: 431 N. Elizabeth Ave, Jefferson, WI 53549. 1-920-648-5064.
8. Lake Mills Housing Authority: 228 Water St., Lake Mills, WI 53551. 1-920-648-5064.
9. Watertown Housing Authority: 201 N. Water street, Watertown, WI 53098. 1-920-261-7795.
10. Affordable Housing Division Wisconsin Management Co.: 1-800-346-8581.
11. Salvation Army: Rent and utility assistance to Watertown Unified School District residents. 517 S. 1<sup>st</sup> Street, Watertown, WI 53098. Open at 10 AM every Wednesday, call for availability. 1-920-262-8099.
12. St. Vincent De Paul: Assistance with rent payments and utility bills. 1181 N. 4<sup>th</sup> Street, Watertown, WI 53098. 1-920-262-2691.

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## Energy

1. The Wisconsin Home Energy Assistance Program (WHEAP) provides one-time heating, energy bill, furnace and crisis assistance. Eligibility is based on several factors, including income. For more information and how to apply, please call 1-866-HEATWIS (432-8947), or visit the "Where to Apply" tab on <http://www.homeenergyplus.wi.gov/> to find your local energy assistance agency.
2. Keep Wisconsin Warm/Cool Fund provides immediate relief for low-income families, veterans, and the elderly from energy crises as well as solutions that result in long-term economic stability. <https://kwwf.org/>
  - a. COVID update: Contact ASAP if it is possible that utility bills cannot be paid.

## Employment

1. Wisconsin Works (W-2) is Wisconsin's primary Temporary Assistance for Needy Families (TANF) program. W-2 is a program that provides employment preparation services, case management and cash assistance to eligible families. W-2 can help you get a job and provide for your family. W-2 can help you find a job, provide you with work experience, connect you with education and training, and provide case management services to help you stay employed and advance in your career. <https://dcf.wisconsin.gov/w2/parents/w2>. Local W-2 sites can be found through website and must be contacted individually.
2. Jefferson County's W-2 program is through Forward Service Corp., located at 222 South Wisconsin Drive, Jefferson, (920) 605-5185 or email [lblockel@fsc-corp.org](mailto:lblockel@fsc-corp.org). More information can be found at <https://fsc-corp.org/programs/wisconsin-works/>.

## Telephone

1. The Telecommunications Equipment Purchase Program (TEPP) is to help people with disabilities buy specialized equipment they need in order to use basic telephone services. Applications can be found at <https://psc.wi.gov/Pages/Programs/TEPP.aspx>. Takes 3-4 weeks to receive a TEPP voucher.
2. The Lifeline program provides low-income Wisconsin residents affordable access to essential telecommunications by discounting the cost of phone, cell and internet services. More information can be found at <https://psc.wi.gov/Pages/Programs/LifelineLinkup.aspx>, or you can call the Wisconsin Internet & Phone Helpline at (608) 267-3595, open Monday through Friday, from 7:45 a.m. and 4:30 p.m.

## Childcare

1. The Wisconsin Shares Child Care Subsidy Program supports families by funding a portion of the cost of childcare while the parents are working or participating in an approved activity. Applications are preferred to be submitted online can be found at <https://dcf.wisconsin.gov/wishares>
  - a. Jefferson County local office 874 Collins Rd., Jefferson (888) 794-5780

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## Transportation

1. Aging & Disability Resource Center (Human Services Transportation Program): Medical Transportation for patients 60+ and persons with disabilities when they have no other means of transportation. 1541 Annex Road Jefferson, WI 53549; Fares \$1.50 donation requested one-way trip to in county, and \$7.50 donation per one way out of county transportation. To request a driver, call (920) 674-8104 or visit:  
[http://www.jeffersoncountywi.gov/departments/human\\_services/aging\\_and\\_disability\\_resource\\_center/our\\_services/transportation.php](http://www.jeffersoncountywi.gov/departments/human_services/aging_and_disability_resource_center/our_services/transportation.php)  
<http://www.jeffersoncountywi.gov/ADRC/Transportation/ADRC%20Transportation%20Programs.pdf>
  - A list of local private taxi services can be found at  
<https://www.jeffersoncountywi.gov/ADRC/Transportation/Transportation%20Resources%20Website%20Links%20and%20Phone%20Numbers.pdf>
2. Mobility Transportation Management provides rides for \$10 co-pay is requested for round trip out of county ride and \$2 co-pay for a round trip in county ride. Non-Emergency Medicaid and BadgerCare Appointments. Rides to routine appointments may be scheduled from 7:00 a.m. to 6:00 p.m. Monday - Friday. Located at 1541 Annex Road, Jefferson. Rides to urgent appointments may be scheduled 24 hours a day, seven days a week. For further information regarding Non-Emergency and Urgent appointments contact the MTM Reservation Line: 1-866-907-1493. If you need assistance in scheduling your rides with MTM, please contact the Mobility Manager at (920) 675-4049. <http://www.jeffersoncountywi.gov/ADRC/Transportation/Mobility%20Manager%20Brochure.pdf>
  - a. Changes due to COVID:
    - i. May refuse transport if passenger refuse to comply with county/ COVID regulations.
    - ii. Limit of one passenger unless medically necessary.
    - iii. Passengers must sit in the back seat and must wear face masks.
3. Veteran's Van - The Veteran's Administration has provided Jefferson County with a van to take vets to medical appointments at the VA Medical Center in Madison. Located through 1541 Annex Road Jefferson, WI 53549. Available Monday-Friday and rides are scheduled on a first-come, first-served basis. Rides are free of charge to Veterans. To request a Driver, please call: (920) 674-8104 or (866) 740-2372  
[http://www.jeffersoncountywi.gov/departments/human\\_services/aging\\_and\\_disability\\_resource\\_center/our\\_services/transportation.php](http://www.jeffersoncountywi.gov/departments/human_services/aging_and_disability_resource_center/our_services/transportation.php)
4. Mobility Managers – Mobility Managers help older adults, people with disabilities and anyone facing barriers finding transportation. Mobility Managers focus on meeting individual customer needs through a wide range of transportation options and service providers. A full time mobility manager is here to assist you in Jefferson County to help in finding transportation, please call to get help in finding transportation, please call (920) 675-4049  
<http://www.jeffersoncountywi.gov/ADRC/Transportation/Mobility%20Manager%20Brochure.pdf>
5. Ride United – Free transportation to and from local food pantries in Fort Atkinson, Jefferson and Whitewater as well as the Rock River Free Clinic, Community Dental Clinic and the Winther Counseling Lab. The service runs through Brown Cab and fully funded by United Way of Jefferson & North Walworth Counties. Call Brown Cab for full restrictions on ride times and other details. (920) 563-6303. Limit one passenger per ride, masks required, vehicle is cleaned after every trip. <http://uwjnc.com/who-we-help/community-programs/>  
<http://uwjnc.com/wp-content/uploads/2019/03/Ride-United-2019-Poster.pdf>
  - a. Changes due to COVID:

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- i. Only one passenger per ride.
  - ii. Masks required.
  - iii. Vehicles are disinfected after each transport.
6. Taxi - Fort Atkinson (Brown Cab) Cost is \$3.25 per one-way trip within city limits. For elderly, the cost is \$2.25 and students \$2.75. Hours are as follows: Mon-Thurs 6:30 am – 7 pm; Fri 6:30 am – 2:30 am; Sat 7 am – 2:30 am; Sun 7 am – 12 pm. Call (920) 563-6303 or (920) 563-6304. Limit one passenger per ride, masks required, vehicle is cleaned after every trip. <http://browncab.net/>
7. Taxi - Jefferson (Brown Cab) Cost is \$3 per one way trip within city limits. For elderly and disabled the cost is \$2 and students \$2.50. Free cab rides are available for seniors (age 62 and up) who are living independently. Call Tracie of the Jefferson Cab Committee at (920) 674-5294. Hours are as follows: Mon – Thurs 6:30 am – 7 pm; Fri 6:30 am – 2:30 am; Sat 7 am – 2:30 am; Sun 7 am – 12 pm. Call (920) 563-9188. Limit one passenger per ride, masks required, vehicle is cleaned after every trip. <http://browncab.net/>
8. Taxi - Lake Mills (Brown Cab) Cost is \$3 per one-way trip within city limits. Elderly and/or disabled are \$1.75 and students are \$2.00 per one-way trip. Hours are as follows: Mon.-Fri. 7am–7pm; Sat. 8am-2pm; Sun. 7am-12:30 pm. Call (920) 648-4420. Limit one passenger per ride, masks required, vehicle is cleaned after every trip. <http://browncab.net/>
9. Taxi - Watertown Transit (Watertown Cab). Cost is \$3.75 per one-way trip within city limits. For elderly and disabled the cost is \$2.50. Hours are as follows: Mon.-Thurs. 5:30 am-11:45 pm; Fri. 5:30 am-3am; Sat. 7am-3am; Sun. 7am-5:45 pm. Call (920) 261-7433. Limits to one passenger per ride, and masks are required. [http://www.ci.watertown.wi.us/residents/watertown\\_transit/index.php#.XWlf48hKi71](http://www.ci.watertown.wi.us/residents/watertown_transit/index.php#.XWlf48hKi71)
10. Jefferson FISH (Friends in Service Helping) Community Volunteers – 164 W. Garland St. Jefferson, WI 53549; Medical Appointments only. City of Jefferson residents only. Two-day advance notice, no age limit. \$5 round-trip fee. Call (920) 674-3557
11. Your Friends in Action – Volunteer ride program to church, grocery store, medical appointments, and more. (Individuals must be accepted into the program before being eligible for services) Office hours Mon-Fri 8 – 4:30pm. Donations accepted. (920) 674-4548 <http://yourfriendsinaction.org/>
12. Dane County Transportation Call Center – (608) 242-6489; 2865 N. Sherman Ave. Madison WI 53704; Patients need to fill out an Intake form for qualification <https://www.danecountyhumanservices.org/Transportation/default.aspx>  
[https://www.danecountyhumanservices.org/Transportation/call\\_ctr.aspx](https://www.danecountyhumanservices.org/Transportation/call_ctr.aspx)
  - Requires masks due to COVID and limits the number of passengers to one.
13. Dodge County – Dodge County Transportation Program (920) 386-3832 or (800) 566-1140 <https://www.co.dodge.wi.gov/government/departments-a-d/aging-and-disability-resource-center/transportation>
  - a. Only accepting medical ride requests-face masks are recommended.
14. Need a Ride - Her name is Peggy and she runs Need A Ride. Her number is (920) 397-8773. She is NOT equipped for wheelchairs but is able to help a lot of other people. Her fee is \$2.00 anywhere in Fort Atkinson, \$10.00 for Jefferson or Whitewater and \$15.00 for Lake Mills or Cambridge. If Brown Cab is busy and the person does not need a wheelchair van, give her a try. Face masks required.
15. PRIVATE MEDICAL PROVIDERS – Disabled; Medical Assistance will pay for medical trips. In Fort Atkinson: C&W Med Rides (920) 397-7624; LaVigne Transportation 920- 563-1515-or-877-510-9009; Forward Health Call (866) 907-1493. Face masks required.

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16. PRIVATE PAY – Blackhawk Van Service: 917 Whitewater Ave, Fort Atkinson (Medical trips, Airports, Bus Stations, Amtrak); (920) 563-9372 ; <https://www.yellowpages.com/fort-atkinson-wi/mip/blackhawk-van-service-llc-7206058>  
Doctor Medical Rides (DMR): (920) 542-1040 or email [www.drmedrides.com](http://www.drmedrides.com)  
St. Coletta’s of Wisconsin: (920) 674-8450; <https://www.stcolettawi.org/programs-services/transportation/>  
C & W Med Rides: 715 Sherman Ave East Fort Atkinson; (920) 397-7624; <http://www.candwmedrides.com/>  
LaVigne Transportation: (920) 563-1515 or (877) 510-9009; <http://lavignebusco.com/>  
ADRC Driver Service: (920) 674-8104 or (866) 740-2372

## Colorectal Screening

Please remember the Colonoscopy is still the preferred recommendation from Fort HealthCare. A colonoscopy is the best colorectal cancer screening test because it also allows your doctor to prevent colorectal cancer. Other non-colonoscopy screening tests look for signs of blood, and in some cases, DNA markers, in your stool that can be signs of colorectal cancer.

1. FHC Community Care Program: Offers varying degrees of Financial Assistance based on patient need. Call (866) 924-5493  
<https://www.forthhealthcare.com/patient-info/financial-aid/community-care-program-fort-healthcare/>
2. FHC Uninsured patient: Have them use Rock River Free Clinic for their PCP and obtain a referral from the clinic for a colonoscopy and it will be “covered” through the hospital. Call (920) 674-7442  
<https://www.rockriverfreeclinic.com/>
3. If a patient is “self-pay” and so unable to pay for colonoscopy and meets criteria for Cologuard, Exact Science has a patient support program and may cover some patients based on their financial situation. The patient would call 1-844-870-8870 and use the “patient prompt” and the Support Staff would ask them questions. If insurance is trying to bill them they also assist with appeal letters. Call 1-844-870-8870  
<https://www.cologuardtest.com/appeal>
4. Blue Hope Financial Assistance: The Blue Hope Financial Assistance program is a multifaceted program that provides assistance for colorectal cancer screening and treatment. The COVID-19 crisis and changing economy has increased financial anxiety and needs across the country. If you are a colorectal cancer patient in treatment, you are eligible to apply for our crisis financial awards. If you are seeking colorectal cancer screening, such as colonoscopy, we can help connect you to a resource that works best for you. Funds may be used for any daily living expenses such as household bills, childcare, transportation costs, or food. Applicants who are U.S. residents and are eligible may receive a \$200 award. If you have questions or need help with the application, our certified patient and family support navigators can help you on our free Helpline, (877) 422-2030, Monday-Friday from 9am-5pm EST.  
<https://www.ccalliance.org/patient-family-support/financial-assistance-programs>

# Community Resources

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## Mammogram Screening

1. The Fort HealthCare community mammogram program was implemented to make sure that all women that needed a mammogram had the opportunity to receive one. The ongoing effort also extended mammogram appointments into evenings and weekends. Dozens of free mammogram vouchers have been made available to underinsured or uninsured women in the community. Vouchers are still available. For more information call or visit any of these locations Jefferson County Health Department, Rock River Free Clinic N3995 Annex Road, Jefferson, Fort HealthCare Family Practice Clinics, and Center for Women's Health.  
<https://www.forthhealthcare.com/service/mammography/healing-breast-care-center/>  
<https://www.forthhealthcare.com/service/mammography/free-mammogram-screening/>
2. Wisconsin Well Woman Program 1-608-266-8311 (direct) – Need to meet eligibility requirements women age 45-64 income within program limits, and no insurance, or limited insurance coverage on screenings.  
<https://www.dhs.wisconsin.gov/wwwp/index.htm>

## Eye Exams Screening

1. Fort Healthcare offers Eye Screening with a teleophthalmology. Teleophthalmology is a low cost, convenient method in which a picture of a patient's eye is sent to an ophthalmologist offsite to diagnose then the results are sent back to Fort HealthCare and then will be communicated to the patient. The cost is less than \$40 and there are free vouchers available at the clinics upon patients need. Fort HealthCare is partnered with the Lion's Club to help cover cost of the eye exam for patients in financial need.
2. Lions Club (hearing and vision): 1-630-571-5466; they partner with places like Luxottica, Sears, LensCrafters, Pearl, Target; [www.lionsclubs.org](http://www.lionsclubs.org)
3. Watertown Lions Club (Eye Glasses Program): 1-920-261-3279; patient will need to fill out and mail application form to the Watertown Lions Club. Forms should be mailed to Louis Hady at 209 Norma Drive, Watertown, WI 53098.
4. Eye Care America –public service program that provides comprehensive eye exams and eye care at no cost to eligible candidates age 65 or older and people at increased risk for glaucoma who qualify for the program for up to one year. Visit the EyeCare America's website to see if you qualify for the program; [www.aaopt.org/eyecare-america](http://www.aaopt.org/eyecare-america)
5. New Eyes for the Needy application: New Eyes provides a basic pair of single or lined bifocal lenses. New Eyes is currently able to accept applications from **individuals financially affected by the COVID-19 pandemic**. Special requests including upgrades such as tinted, progressive or Transition lenses are beyond the scope of New Eyes' program. A New Eyes voucher is for individuals who have no other resources with which to obtain a basic pair of eyeglasses. Applicants must have an eye exam including their pupillary distance (PD) measurement before applying. Call 1-973-376-4903; [www.new-eyes.org](http://www.new-eyes.org); <https://new-eyes.org/application>
6. Wisconsin Project- The Wisconsin Project is an independent program run by the Wisconsin Optometric Association (WOA), a non-profit association consisting of optometrists that practice in Wisconsin. The program offers comprehensive eye care services to children age 18 and under who are from low income, working families and have no insurance which covers vision and eye health care. Call 1-877-435-2020; <https://www.woa-eyes.org/vision-usa-public>

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## Cervical Cancer Screening

1. Wisconsin Well Woman Program 1-608-266-8311(direct) – Need to meet eligibility requirements women age 45-64 income within program limits, and no insurance, or limited insurance coverage on screenings.  
<https://www.dhs.wisconsin.gov/wwwp/index.htm>

## Mental Health

1. Fort HealthCare Behavioral Health Center: 1520 Madison Ave., Fort Atkinson, WI. 1-920-563-9375.
2. Project Recovery - Outreach program working with individuals, families, and communities impacted by Covid-19. Counselors provide free confidential, local support, and education to help cope with this stressful time. (608) 237 - 1255
3. County Veterans Service Office: 311 S. Center Ave., Jefferson, WI 53549, Room 207. 1-920-674-3105.
4. Directions Counseling Center: Mental health clinic for adults, children, and substance abuse. 123 Hospital Dr., Suite 110, Watertown, WI 53098. 1-920-262-4800.
5. Family Resources Associates: Full service mental health clinic
  - Watertown Location: 1315 W. Main Street, Watertown, WI 53098. 1-920-261-4100
  - Jefferson Location: 246 Wisconsin Dr., Jefferson, WI 53549. 1-920-541-3706.
6. Jefferson County Human Services: Services adults and children with mental illness, alcohol or drug issues. 1541 Annex Rd., Jefferson, WI 53549. 1-920-674-3105.
7. National Alliance on Mental Illness, Jefferson County: Dedicated to helping those with mental illness and their families to reduce the negative effects of mental illness. This is achieved through the use of education, guidance, advocacy and support. 1-920-728-7331 or [nami.jeffersonwi@gmail.com](mailto:nami.jeffersonwi@gmail.com)
8. Winther Counseling Lab: Services are free, confidential, and open to the public. To schedule an appointment, call (262) 472-2842 or stop by Winther Hall 3004. Services are open for appointments Monday through Thursday from 9:00 AM-7:00 PM during the academic year. The Winther Counseling Services is located 230 N. Prairie St., Winther Hall at the University of Wisconsin-Whitewater. 1-262-472-2842.
9. Lutheran Social Services, Janesville: Provides mental health and other services for people of all ages. 612 N. Randall Ave., Suite B, Whitewater, WI. 1-608-752-7660 ext. 5110.
10. Depression and Bipolar Support Alliance, Watertown: Provides help, support and education to improve the lives of people with mood disorders. For more information call Ruth Rehbaum at 1-920-206-4642 or email her at [dbsawatertownwi@gmail.com](mailto:dbsawatertownwi@gmail.com).
11. Behavioral Health Resources: search a database for resources near you. Visit [www.mch-hotlines.org/home](http://www.mch-hotlines.org/home)
12. Alcoholics Anonymous: District 11 Jefferson County 1-608-222-8989 or 1-414-771-9119.
13. Dave Gallup Foundation: Meetings held Monday and Thursday at 7pm. 314 Madison Ave., Fort Atkinson, WI. 1-262-470-8269.
14. Recovery Support Center: 110 S. Second Street, Suite E, Watertown, WI. 1-920-988-6944.

## Foot Exam



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1. Cambridge – Amundson Building, Appointment needed, \$20, First Thurs of every month, please bring a towel; (608) 838-7117
2. McFarland – Rotating locations, Appointment needed, \$20, 2<sup>nd</sup> Wednesday every month, please bring a towel; (608) 838-7117
3. Jefferson Senior Center - 859 Collins Rd, Jefferson, Appointment needed, \$15, 2nd Tues every month, Please bring a towel; (920) 674-7728
4. Deerfield- 3 W Deerfield Street, Appointment Needed, \$15, Last Tue every other month, please bring a towel; (608) 764-5935
5. Fort Atkinson Senior Center - 307 Robert St, Fort Atkinson, Appointment Needed—currently offering one clinic a month, \$15, please bring a towel; (920) 563-7773
6. Whitewater Senior Center - 504 W Starin Rd, Whitewater, Appointment needed, \$15, 1st Wed every month, please bring a towel; (262) 473-0535

## Birth Control / Gynecology / Pregnancy Testing / HIV Testing

1. Planned Parenthood Madison South; 2222 S. Park St., Suite 210, Madison; 608-251-6546  
<https://www.plannedparenthood.org/planned-parenthood-wisconsin/patients/qck-birth-control-by-mail>
2. Planned Parenthood Madison East; 3706 Orin Rd. , Madison; 608-241-3767;  
<https://www.plannedparenthood.org/planned-parenthood-wisconsin/patients/qck-birth-control-by-mail>
3. Planned Parenthood Delavan; 312 South 7th St., Delavan; 262-728-1849;  
<https://www.plannedparenthood.org/planned-parenthood-wisconsin/patients/qck-birth-control-by-mail>
4. Wisconsin Well Woman Program 608-242-6235 Free mammograms and Pap smears for *eligible* women over age 45; <https://www.dhs.wisconsin.gov/wwwp/index.htm>
5. Vivent Health, 136 West Grand Avenue, Suite #290, Beloit; (608) 364-4027  
<https://viventhealth.org/locations/beloit/>
6. First Care Clinic; 1350 Mac Arthur Rd, Madison; (608) 259-1605 <https://firstcareclinic.org/contact/>

## Immunizations

1. Wisconsin Immunization Registry: For immunization records, speak to a healthcare provider or visit the Wisconsin Immunization registry at <https://www.dhfs.wisconsin.gov/PR/clientSearch.do?language=en>
2. Watertown Department of Public Health; 515 S. First Street, Watertown, WI 53098. Call 1-920-262-8090 for immunization clinic schedule. \$15 for city residents, \$20 for residents outside city limits. All current immunization records are required to receive service.
3. Jefferson County Health Department; 1541 Annex Road Jefferson (920) 674-7455, (920) 674-7213 (espanol)  
Clinic Hours Tue & Fri 8-4.  
[http://www.jeffersoncountyiwi.gov/departments/health/vaccines/departments/health/vaccine\\_clinic\\_hours\\_and\\_fees.php](http://www.jeffersoncountyiwi.gov/departments/health/vaccines/departments/health/vaccine_clinic_hours_and_fees.php)

## Free and Low-Cost Clinics

1. Rock River Community Clinic- Whitewater, 1461 W Main St., Whitewater, (262) 472-6839

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2. Rock River Community Clinic-Watertown, 415 South Eighth Street, Watertown, (920) 206-7797
3. Open Arms Free Clinic, 797 E. Geneva Street, Elkhorn, 262-949-2971
4. HealthNet of Rock County, 23 W. Milwaukee Street, Janesville, 608-756-4638
5. Lake Area Free Clinic, 856B Armour Rd., Oconomowoc, 262-569-4990
6. Janesville Community Health Center 608-755-7960 849 Kellogg Ave, Janesville
7. HealthNet 608-756-4638 26 W. Milwaukee St., Janesville
8. Beloit Area Community Health Center 608-361-0311 74 Eclipse Center, Beloit

## Subsidized Dental Services

1. Rock River Community Clinic Dental-Fort Atkinson, 520 Handeyside Lane, Fort Atkinson, (920) 563-4372
2. HealthNet 608-756-4638 26 W. Milwaukee St., Janesville
3. Beloit Area Community Health Center, 74 Eclipse Center, Beloit; 608-361-0311

## Medication

1. Many specific medications have programs for under insured or noninsured patients. These are 2 websites to identify if there are programs out there for reduced costs.

<https://www.dhs.wisconsin.gov/guide/freeprescr.htm>

<https://medicineassistancetool.org/My-Resources>

2. SeniorCare is a prescription drug assistance program for Wisconsin residents who are 65 years of age or older and meet the enrollment requirements. The program is designed to help seniors with their prescription drug costs. To enroll in SeniorCare you must: Be a Wisconsin resident, be a U.S. citizen or have qualifying immigrant status, be 65 years of age or older and fill out a SeniorCare application.

Every senior enrolling in SeniorCare must pay an annual \$30 fee. The earliest you can apply is during the calendar month of your 65th birthday. If you are already age 65 or older, you can apply at any time. Your benefits will begin in the month after you apply. Your annual income determines your level of coverage in SeniorCare and how much SeniorCare will cover. See the Annual Income Limit table for out-of-pocket expenses and benefits for each level of participation.

<https://www.dhs.wisconsin.gov/seniorcare/index.htm>

## Food Pantry

You can also dial 2-1-1 anywhere in Wisconsin to receive help finding community resources.

1. Ruby's Pantry – No Income or residency requirements. Jefferson County Fairgrounds the 4<sup>th</sup> Wednesday of the month 4:30 – 6:30, Cost \$20.00 per share, distributes food at pop-up pantries, pre-register to learn more, .  
<https://www.rubyspantry.org/location/140>
2. Beaver Dam – Location: 134 S. Spring Street, Beaver Dam, WI 53916. Hours are Tuesdays and Thursdays 1:30 pm to 3:30 pm. Must be Income eligible. 1-920-885-9559

# Community Resources

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3. Beaver Dam – Location: Moraine Park Technical College, 700 Gould St, Beaver Dam, WI 53916. Second Harvest Mobile Food Pantry, occurs 2<sup>nd</sup> Saturday of every month, from 9 am to 10:30 am. 1-608-223-9121.
4. Beaver Dam – Location: 125 Dodge Dr., Beaver Dam, WI 53916. Dodge County Food Pantry-St. Vincent De Paul. Must be a Dodge County resident and meet income eligibility. One Visit per month. Hours are Mondays, Wednesdays, and Fridays from 9 am to 12pm. 1-920-885-3392.
5. Cambridge – Nikolay Middle School, 211 South St. Hours: Every Monday, 5:30 pm – 6:30 pm. Offering No-Contact Pick-up. May use every other week, bring ID and proof of address 608-423-8142 or 608-423-8108
6. Columbus/Fall River – Location 132 A South Ludington St., Columbus, WI 53925. The crossroads Paper Pantry serves Dodge, Columbia, and Jefferson Counties. Must bring photo ID, proof of address, and list of residents with birthdays and household income. Hours are Mondays 4:30 pm to 6:30 pm, Thursdays 9 am to 11 am, and the 1<sup>st</sup> Saturday of every month from 9 am to 11 am. 1-920-350-0011.
7. Columbus/Fall River – Location: Columbus/Fall River Food Pantry 125 N. Dickason Blvd., Columbus, WI 53925 (senior Center). Must be residents of Columbus or Fall River School Districts. One Visit per month. 1-920-210-6266.
8. Deerfield - Community Center, 10 Liberty Street, Deerfield, WI. By appointment only. Call (608) 764-5935 on Tuesdays to schedule a curbside pickup for Wednesday. May use 2x a month, bring ID and proof of address (608) 764-5935
9. Fort Atkinson - Location: 715 Jones Ave., Fort Atkinson, WI Hours: Monday & Thursday 3:00 pm – 5:30 pm May use 1x a month, bring ID and proof of address 920-563-6992 Call Brown Cab (920-648-4420) to arrange to have it delivered to your home for free
10. Horicon – Location: Sacred Heart Parish 950 Washington St., Horicon, WI 53032. Only serves Horicon, Burnett, Iron Ridge, and Juneau Residents. Hours are Tuesdays and Wednesdays from 9 am to 3:30 pm. 1-920-485-0694.
11. Ixonia - Location: N8346 North St., Ixonia, WI, Hours: 2nd & 3rd Tuesday of every month 12:00 noon to 7:00 pm, May use 1x a month, bring ID and proof of address, 920-262-0633 or 920-206-4604
12. Jefferson - Location: St. Vincent de Paul Bldg., 164 W. Garland St., Jefferson, WI, Hours: Monday & Thursday. 1:00 pm – 4:00 pm, May use 1x a month, bring ID and proof of address, 920-674-6822 Call Brown Cab (920-648-4420) to arrange to have it delivered to your home for free
13. Johnson Creek - Location: St. John's Lutheran Church, 129 N. Watertown St., Johnson Creek, WI, Hours: Monday & Thursday 10:00 am – 12:00 noon, 4th Thursday 4 – 5:00 pm, May use 2x a month, bring ID and proof of address, 920-699-2471
14. Lake Mills - Location: St. Vincent de Paul, 720 E. Lake St., Lake Mills, WI, Hours: Every Tuesday, 8:30 am – 10:30 am, Every Thursday 6:00 pm – 8:00 pm, May come 1x a week, bring ID and proof of address, e-mail: lakemillsfoodpantry@gmail.com, 920-945-0382 Call Brown Cab (920-648-4420) to arrange to have it delivered to your home for free
15. Lomira – Location: Lomira Area Food Pantry 300 Church St., Lomira, WI 53048 (Located at Trinity United Methodist Church). Serving Brownsville, Lomira, and Theresa. Hours are the 2<sup>nd</sup> and 4<sup>th</sup> Saturdays of the month from 10 am to 11 am. 1-920-927-3041.
16. Mayville – Location: Christian Life Fellowship Church 113 N. Clark St., Mayville, WI 53050. Mayville School District Residents only, and eligibility is based on income. Hours are every other Tuesday from 3:30 pm to 5:30 pm. 1-920-387-4380.

# Community Resources

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17. Mayville – Location: Eastern Dodge County Supplemental Food Pantry N6409 Hwy P, Mayville, WI 53050. Hours are the 3<sup>rd</sup> Wednesday of the month from 1 pm to 3 pm. 1-920-209-7705.
18. Palmyra - Location: St. Matthew's Lutheran Church, 313 Main St., Palmyra, WI, Hours: 2nd & 4th Thursday of every month 10:00 am – 12:00 noon, 1st & 3rd Thursday of every month, 6:00 pm – 8:00 pm, May use 1x a month, bring ID and proof of address, 262-495-2205 or 262-495-4540
19. Randolph/Fox Lake – Location: Living Hope Community Church 740 W. State St, Fox Lake, WI 53933. Hours are 1<sup>st</sup> and 3<sup>rd</sup> Monday of the month from 4 pm to 6 pm, the 2<sup>nd</sup> and 4<sup>th</sup> Monday 11 am to 1 pm, and the 5<sup>th</sup> Monday from 4pm to 6 pm. 1-920-928-6610.
20. Randolph/Fox Lake: Location: Randolph Evangelical Free Church 702 High St., Randolph, WI 53956. Serves residents of Randolph and Fox Lake. Hours are Tuesdays from 1 pm to 3 pm – please call at least a day before by 4 pm. 1-920-326-3821.
21. Rome/Sullivan - Location: Rome Community Center, N3866 West St., Rome, WI, Hours: 1st Thursday of every month, 10:00 am – 1:00 pm, 3rd Thursday of every month, 2:00 pm – 5:00 pm, May use 1x a month, bring ID and proof of address, 262-893-9660 or 262-593-8646
22. Waterloo/Marshall- Location: Lower level of former Public Library, 117 E. Madison St., Waterloo, WI, Hours: Wednesday, 7:00 pm – 8:00 pm, Wednesday 12:00 noon – 1:00 pm, Saturday, 9:00 am – 10:00 am, May use 1x a month, bring ID and proof of address, 920-478-3041 or 920-478-3335
23. Waterloo – Location: 117 E. Madison St., Waterloo, WI 53954. Waterloos Residents may receive food once every 30 days. Hours are Wednesdays 12 pm to 1 pm, 7 pm to 8 pm, and Saturdays 9 am to 10 am. 1-920-478-2321 or 1-920-478-9679.
24. Watertown – Location Watertown Moravian Church 510 Cole St, Watertown WI 53094. Free Community Meal Served, all welcome. Hours Mondays from 5 pm to 6 pm. 1-920-261-74-94.
25. Watertown – Location: Watertown Care Project 1901 Market Way, Watertown, WI 53094 (Watertown Wal-Mart parking lot on the north end). Hours are the last Thursday of every month at 10 am. 1-920-206-9910 or [watertowncareproject@handofhelp.com](mailto:watertowncareproject@handofhelp.com)
26. Watertown – Location: Watertown Family Aid Association 514 S. First St., Watertown, WI 53094. Provides individuals and families residing in the Watertown school district with food vouchers. Hours are Wednesdays from 2 pm to 4 pm. 1-920-261-2832 or 1-920-206-3250.
27. Watertown - Location: Immanuel Lutheran Church, 204 N. 10th St., Watertown, WI; Hours: Monday & Friday, 10:00 am – 12:00 noon, Tuesday & Thursday, 1:00 pm – 3:00 pm, Wednesday, 2:00 pm – 4:00 pm, Thursday. 5:00 pm – 6:30 pm, May use 1x a month, bring ID and proof of address, 920-261-7226 or 920-261-9059
28. Waupun – Location: Waupun City Food Pantry 10 and 12 South Mill St., Waupun, WI 53963. Must call Ahead, no Walk ins accepted!! Only one visit per month, city of Waupun residents only. Hours are Tuesday through Friday from 9 am to 3 pm, with distribution of food on Fridays. 1-920-324-4000.
29. Whitewater - Location: Old Whitewater Armory, 146 W. North St., Whitewater, WI; 2nd floor, take elevator up, Hours: Wednesday & Thursday 8:00 am – 11:30 am, May use 1x a week, bring ID and proof of address, 262-473-0524 or 262-473-4257

# Community Resources

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## Meal Services

1. Senior Dining - Aging and Disability Resource Center of Jefferson County
  - Due to the COVID-19 pandemic, Jefferson County's 6 dining sites remain closed for indoor dining until further notice.
  - We offer **Home Delivered Meals** for Jefferson County residents outside the city limits of Fort Atkinson, as well as Cambridge, Edgerton, \*Ixonia, Jefferson, \*Johnson Creek, Lake Mills, Palmyra, Rome/Sullivan, Waterloo, Watertown, and Whitewater. For eligible participants, age 60 and older, these nutritious meals are offered on a voluntary donation basis. Meals are served M – F except when our office is closed. \*Ixonia and \*Johnson Creek—M-W-F only. Due to the pandemic, volunteers wear a mask, practice physical distancing, and will not enter your home.
  - We offer **contactless Carry-out Meals** M – F for Jefferson County residents in five locations; Fort Atkinson, Jefferson, Lake Mills, Palmyra, and Watertown. For eligible participants, age 60 and older, these nutritious meals are offered on a voluntary donation basis. Registration is required annually for each participant receiving a carry-out meal. Go to the Jefferson County web site, ADRC, Senior Dining Program, to complete a registration form online, or call the Nutrition site for more information. Reservations requested one day in advance; Monday meal reservations requested by noon on Friday.
  - Contact your community center to order home delivered or carry-out meals:
    - Fort Atkinson, Cambridge, Edgerton, Whitewater: 920-728-4756
    - Jefferson & Johnson Creek: 920-728-0259
    - Lake Mills: 920-728-6982
    - Palmyra & Rome/Sullivan: 262-753-3108
    - Waterloo 920-478-3344
    - Watertown & Ixonia: 920-728-1210

The program also relies heavily on voluntary contributions. Jefferson County has set a “suggested donation” of \$3.75 per meal; however, the actual cost of the meal is much higher. The suggested donation has been set by the Nutrition Project Council and Aging & Disability Resource Center Advisory Committee.

When your questions or concerns are not addressed to your satisfaction at the nutrition site, please call the Nutrition Program Coordinator at: (920) 674-8134

<http://www.jeffersoncountywi.gov/ADRC/Nutrition%20Brochure.pdf>

## Pet Care

1. WisCARES is a community veterinary clinic for low income and homeless families. Based out of Madison, they provide low-cost veterinary services and offer a pet food pantry. More information about their programs can be found at <https://wiscares.wisc.edu/>. 1402 Emil St. Madison, (608) 561-7387, [wiscares@gmail.com](mailto:wiscares@gmail.com)
2. Humane Society of Southern Wisconsin offers low-cost spay/neuter procedures, immunizations and microchipping. Public spay/neuter More information about cost and appointments can be found at <https://www.petsgohome.org/services/spay-neuter/> 222 S. Arch St., Janesville, (608) 752-5622

# Community Resources

## Pharmacy Contacts

<b>Fort Atkinson</b>								
Pharmacy Name	Street	City	Zip	State	24 hour	County	Phone Number	Hours of Operation
Home Town Pharmacy - Fort Atkinson (Tuttle's)	102 S Main St	Fort Atkinson	53538	WI	N	Jefferson	(920)563-2458	M-F 9-6 PM, Sat 9-1 PM
Walgreens #01976	300 N Main St	Fort Atkinson	53538	WI	N	Jefferson	(920)568-9326	M-F 9 AM - 9 PM, Sat 9-6, Sun 9-5
<b>Jefferson</b>								
Pharmacy Name	Street	City	Zip	State	24 hour	County	Phone Number	Hours of Operation
The Drug Store (Mueller Drugs)	132 S Main St	Jefferson	56549	WI	N	Jefferson	(920)674-5733	M-F 8:30-5:30, Sat 8:30-12 PM, Sun - closed
Walmart Pharmacy 10-3499	1520 S Main St	Jefferson	56549	WI	N	Jefferson	(920)674-2258	M-S 9-7, Sunday 10-6
<b>Lake Mills</b>								
Pharmacy Name	Street	City	Zip	State	24 hour	County	Phone Number	Hours of Operation
Walgreens #11176	812 N Main St	Lake Mills	53551	WI	N	Jefferson	(920)648-5187	M-F 9AM-8PM, Sat 9AM-6PM, Sun 9AM-5PM
Hometown Pharmacy - Lake Mills	372 E Tyranena Park Rd	Lake Mills	53551	WI	N	Jefferson	(920)945-2500	M-F 9AM-6PM, Sat 9AM-1PM, Sun - closed
<b>Watertown</b>								
Pharmacy Name	Street	City	Zip	State	24 hour	County	Phone Number	Hours of Operation
Walmart Pharmacy 10-1776	1901 Market Way	Watertown	53094	WI	N	Jefferson	(920)261-8601	M-S 9AM-7PM, Sun 10AM-6PM

# Community Resources

Walgreens #05136	301 W Main St	Watertown	53094	WI	N	Jefferson	920)206-9588	M-F 9AM-9PM, Sat 9AM-6PM, Sun 9AM-5PM
Pick N Save Pharmacy #6888	624 S Church St	Watertown	53094	WI	N	Jefferson	(920)261-7140	M-F 9AM-7PM, Sat 9AM-6PM, Sun 9AM-6PM
Hometown Pharmacy - Watertown	204 E Main St	Watertown	53094	WI	N	Jefferson	920)261-1900	M-F 9AM-6PM, Sat 9AM-1PM, Sun -closed
<b>Whitewater</b>								
Pharmacy Name	Street	City	Zip	State	24 hour	County	Phone Number	Hours of Operation
Walgreens #12638	1041 W Main St	Whitewater	53190	WI	N	Walworth	(262)472-0238	M-F 9AM-9PM, Sat 9AM-6PM, Sun 9AM-5PM
Walmart Pharmacy 10-1274	1362 W Main St	Whitewater	53190	WI	N	Walworth	(262)473-7740	M-S 9AM-7PM, Sun 10AM-6PM
<b>Janesville</b>								
Pharmacy Name	Street	City	Zip	State	24 hour	County	Phone Number	Hours of Operation
Mercy West Pharmacy	1000 Mineral Point Ave	Janesville	53548	WI	N	Rock	(608)741-6980	8:30 AM - 5:30 PM
Mercy Mall Pharmacy	1010 N Washington St	Janesville	53548	WI	N	Rock	(608)754-0296	M-F 8AM-6PM, Sat 9AM-1PM
Schnucks Pharmacy #758 -CVS	1501 Creston Park Rd	Janesville	53545	WI	N	Rock	(608)755-5805	M-12-6, T&W: 8AM-8PM, R 6AM-6PM, F 8AM-8PM, Sat 9AM-6PM, Sun-closed
CVS Pharmacy	1700 Milton Ave	Janesville	53545	WI	N	Rock	(608)756-0614	M-F 9AM-8PM, Sat 9AM-6PM, Sun 9AM-5PM
Walgreens #04055	1717 Milton Ave	Janesville	53545	WI	Y	Rock	(608)754-2278	24 HOURS
Walgreens #11235	1740 Center Ave	Janesville	53546	WI	N	Rock	(608)757-1261	M-F 9AM-8PM, SAT 9AM-6PM, SUN 9AM-5PM
Walgreens #13613	1933 W Court St	Janesville	53548	WI	N	Rock	(608)755-9805	M-F 9AM- 8PM, SAT 9AM-6PM, SUN 9AM-5PM
CVS Pharmacy @ Target T-0809	2017 Humes Rd	Janesville	53545	WI	N	Rock	(608)757-0834	M-F 9AM-7PM, SAT 8AM-6PM, SUN 9AM-5PM

# Community Resources

Janesville Hometown Pharmacy	21 S Jackson St	Janesville	53548	WI	N	Rock	608) 752-7869	M-F 9AM-6PM, SAT 9AM-1PM
Walgreens #11236	2519 Kettering St	Janesville	53546	WI	N	Rock	(608)754-0007	M-F 9AM-8PM, SAT 9AM-6PM, SUN 9AM-5PM
Mercy East Pharmacy	3524 E Milwaukee St	Janesville	53546	WI	N	Rock	(608)754-5194	M-F 8:30AM-5PM, SAT 9AM-1PM
Walmart Pharmacy 10-1305	3800 Deerfield Dr	Janesville	53545	WI	N	Rock	(608)754-3030	M-S 9-7, Sunday 10-6
Sam's Club Pharmacy 10-4840	3900 Deerfield Dr	Janesville	53546	WI	N	Rock	(608)741-2391	M-F 9AM-7PM, SAT 9AM-6PM, SUN CLOSED
CVS Pharmacy	1832 W Court St	Janesville	53546	WI	N	Rock	(608)752-9286	M-F 9AM-8PM, SAT 9AM-5PM, SUN 10-5PM
<b>Oconomowoc</b>								
Pharmacy Name	Street	City	Zip	State	24 hour	County	Phone Number	Hours of Operation
Walgreens #03567	1021 Summit Ave	Oconomowoc	53066	WI	Y	Waukesha	(262)567-9173	24 HOURS
Tobin's Pharmacy	1260A Brown St	Oconomowoc	53066	WI	N	Waukesha	(262)567-6651	M-F 10:00 AM - 7:00 PM, Sat 10:00-5:00, Sun 10-4
Aurora Pharmacy	1284 Summit Ave	Oconomowoc	53066	WI	N	Waukesha	(262)569-8204	M-F 8:00 AM - 8:00 PM, Sat & Sun 8:00 AM - 4:00 PM
Pick N Save Pharmacy #6388	1300 Pabst Farms Cir	Oconomowoc	53066	WI	N	Waukesha	262)567-7938	M-F 9-7, Sat 9-6, Sun 10-5
Prohealth Pharmacy - Oconomowoc	791 Summit Ave	Oconomowoc	53066	WI	N	Waukesha	(262)569-0284	M-F 9AM-5:30PM, SAT & SUN - CLOSED
Prescription Center Pharmacy	888 Thackeray Trl	Oconomowoc	53066	WI	N	Waukesha	(262)567-7267	M-F 9-6, Sat 9-12