



Fort HealthCare **Mental Health Crisis Resources**

FOR HEALTH

FortHealthCare.com/BehavioralHealth

**JEFFERSON
COUNTY**
WISCONSIN

Jefferson County Human Services
Intake-Crisis: (920) 674-3105
If you are calling after 5:30pm,
weekends, or holidays please press
7 to be connected to the crisis worker
on call.



Text "HOPELINE" to 741741
on mobile devices;
24/7 Resource



24/7 Resources:
988 Suicide & Crisis Lifeline: Call or Text
988 OR Lifeline Chat:
<https://suicidpreventionlifeline.org/chat/>

Area Providers

Provider	Phone	Location	Services Offered
Fort HealthCare Center for Behavioral Health	920-563-9542	Fort Atkinson, Whitewater	MH Therapy Psychiatry, School Based Therapy Age 5 to Adult
The Center	608-274-8294	Fort Atkinson	MH, AODA, Christian Counseling Therapy, Age 5 to Geriatric
Hidden Path Counseling Jill Mallin, Ph.D.	920-397-4015	Fort Atkinson	MH, Eating Disorders, Gender Identity, Therapy Teens and Adults
Thrive Psychology, LLC	920-645-0917	Fort Atkinson	MH Therapy Age 15 to Geriatric
Counseling Outside of the Box, LLC	608-235-7375	Fort Atkinson	MH Therapy (Telehealth appointments only at this time) Age 6 to Adult
Quast Counseling Services	262-607-0070	Fort Atkinson	EMDR, DBT, ACT Age 11-60 (Cannot accept Medicare)
Behavioral Health Clinic	715-842-9500	Fort Atkinson	MH Therapy, Psychological Evals Autism, Learning Disorders, Specialty Evaluations Age 3 to Adult
Laura Mathis, PsyD	920-397-6006 920-547-4770	Palmyra	MH Therapy Kids to Adults (Mon-Thurs daytime hours only)

Provider	Phone	Location	Services Offered
Restoring Balance Counseling, LLC	920-674-5050	Jefferson	MH Therapy Age 5 to Adult
Jefferson Co. Human Services	920-674-3105 Press option 7	Jefferson	Intake worker will assess and refer for services
Oak Tree Child and Family Services, LLC	608-215-7767, 920-541-3078	Fort Atkinson	MH Therapy Age 2 to Adult + Families; Play Therapy and Sensory Room, Marriage Therapy
Family Resource	920-261-4100	Jefferson, Watertown	MH, AODA Therapy Age 4 to Adult
Family Tree Counseling	608-868-5122	Milton	MH, AODA, Gambling, Marriage Therapy Age 7 to Adult
Directions Counseling	920-262-4800	Watertown	MH, AODA Therapy Age 15 to Adult Psychiatry - Age 18 to Adult
Serenity Mental Health	920-545-4357	Watertown	MH, AODA, Marriage Age 5 and older (Cannot accept Medicare)
Opening Doors Together, LLC	608-630-5696	Lake Mills	MH Therapy (children- Adult) *Advise of dog allergies when booking appointment
Resonating Change, Inc. Venessa Farn	920-376-9854	Lake Mills	MH, AODA Therapy EMDR, Sex Therapy, Transgender Issues, Music Therapy Teens to Adults
Cambridge Counseling	608-423-4700	Cambridge	MH, AODA Therapy Age 7 to Adult
Credence Counseling	262-723-3424	Elkhorn	MH, AODA Therapy Age 7 to Adult
Genesis Counseling	608-757-0404	Janesville	MH Age 5 to Adult

Provider	Phone	Location	Services Offered
Compass Behavioral Health	608-755-1475	Janesville	MH, AODA Therapy Age 3 to Adult
Crossroads Counseling	608-755-5260	Janesville	MH, AODA Therapy & Day Programs Age 5 to Adult
Associates in Psychotherapy	608-752-7255	Janesville	MH, AODA Therapy, DBT & EMDR Age 2 to Adult
Mercy Options	608-756-5555	Janesville	MH, AODA Therapy 14 and older Autism therapy call: 608-756-8226
Mercy Options	608-756-6545	Janesville	IOP, ADT and WINGS Age 18 and Up
Rock County Human Services	608-757-5200 <i>(Accepts Medicaid patients and uninsured)</i>	Janesville	MH, AODA Therapy, IOP All Ages
Morning Star Psychotherapy	262-458-2525	Whitewater	MH, AODA Therapy Couple Therapy and Life Coaching Age 6 to Geriatric
Paquette Center	262-473-0670	Whitewater	MH, AODA Therapy, Group Treatment, DBT, Psychological Testing and Evaluations Age 5 to Geriatric
Walworth County Human Services <i>(Must be a Walworth County resident)</i>	262-741-3200	Whitewater	MH, AODA Therapy, Family Therapy, CSP Age 13 to Adult
Winther Counseling Lab UW-Whitewater	262-472-2842	Whitewater	MH, AODA Therapy Age 5 to Adult <i>(Closed during the Summer; opens September)</i>
Sibbing Psychotherapy and Counseling Services	262-215-6056	Whitewater (Only telehealth services on Mondays)	Marriage Counseling (Cannot accept Medicare)
Dr. Suzanne L. Popke, Ed.D., LPC	262-490-6067	Whitewater	MH Therapy, Psychological Evals Autism, Learning Disorders Age 3 to Adult

Community Medical Services	608-709-1063	Madison	Addiction treatment, AODA therapy
Madison Psychiatric Associates	608-274-0355	Madison	MH Therapy, Psychiatry, Psychological/Neuropsychological testing
Enlightened Ways Therapy	608-299-7669	Beloit	MH Individual, couples, family and group psychotherapy
Nystrom & Associates	651-628-9566	Appleton Eau Claire Green Bay Greenfield Hudson Township La Crosse Madison Oshkosh Virtual	MH therapy (Individual, marriage/couples, children, and family) DBT, Psychiatry, Psychological testing Children through adulthood
Virtual Therapy-A brighter Day Charity	TEXT "BRIGHTER" to 741741	Virtual	MH Therapy Crisis counselors