Fort HealthCare For Health Mental Health Crisis Resources

FortHealthCare.com/BehavioralHealth

JEFFERSON COUNTY WISCONSIN

Jefferson County Human Services
Intake–Crisis: (920) 674-3105
If you are calling after 5:30pm, weekends, or holidays please press 7 to be connected to the crisis worker on call.

Center for Suicide Awareness

Text "HOPELINE" to 741741 on mobile devices;
24/7 Resource

988 SUICIDE & CRISIS LIFELINE

24/7 Resources:
988 Suicide & Crisis Lifeline: Call or Text 988 OR Lifeline Chat: https://suicidepreventionlifeline.org/chat/

Preferred Providers

Provider	Phone	Location	Services Offered
Paquette Center	262-473-0670	Whitewater *Spanish speaking provider available via virtual appointment*	MH, AODA Therapy, Group Treatment, DBT, Psychological Testing and Evaluations Age 5 to Geriatric
Synapse Solutions Mental Health Services	608-580-0031	Janesville	Therapy, ADHD Assessment, Neurological & Psychological Evaluations Children to Adult
Family Resource	920-261-4100	Watertown	MH, AODA Therapy, ADHD Assessment, Neuropsychological evaluations Age 4 to Adult
Restoring Balance Counseling, LLC	920-674-5050	Jefferson	MH Therapy Age 5 to Adult
Collaborative Solutions in Psychiatry	608-713-9898	Madison	Psychiatric Evaluation and management Tension and Trauma releasing exercises AODA medication management
Brave Changes	414-666-4211	Burlington Telehealth Multiple Locations	MH Therapy ages 5 to adult Family Therapy Group Therapy Mood Disorders
Stepping Stones Psychotherapy	920-342-4105	Virtual	MH, EMDR, DBT Adults

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Marigold & Iris	608-515-8265	Telehealth	MH Therapy for all ages ADHD Perinatal Therapy Mood Disorders

Area Providers

Provider	Phone	Location	Services Offered
Fort HealthCare Center for Behavioral Health *FHC Primary Care Provider required to be added to waitlist	920-563-9542	Fort Atkinson Whitewater	MH Therapy Psychiatry, School Based Therapy Age 5 to Adult
The Center	608-274-8294	Fort Atkinson	MH, AODA, Christian Counseling Therapy, Age 5 to Geriatric
Hidden Path Counseling **Jill Mallin, Ph.D.**	920-397-4015	Fort Atkinson	MH, Eating Disorders, Gender Identity, Therapy Teens and Adults
Thrive Psychology, LLC	920-645-0917	Fort Atkinson	MH Therapy Age 15 to Geriatric
Counseling Outside of the Box, LLC	608-235-7375	Fort Atkinson	MH Therapy (***Telehealth appointments only at this time***) Age 6 to Adult
Quast Counseling Services	262-607-0070	Fort Atkinson	EMDR, DBT, ACT Age 11-60 (Cannot accept Medicare)
Healing Your Mind Counseling	920-542-5044	Fort Atkinson	MH Therapy
Behavioral Health Clinic	715-842-9500	Fort Atkinson Madison Virtual	MH Therapy, Psychiatry, EMDR, Psychological Evals Age 3 to Adult

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Oak Tree Child and Family Services, LLC	608-215-7767, 920-541-3078	Fort Atkinson	MH Therapy, Psychiatry Age 2 to Adult + Families
Laura Mathis, PsyD	920-397-6006 920-547-4770	Palmyra	MH Therapy Kids to Adults **(Mon-Thurs daytime hours only)**
Restoring Balance Counseling, LLC	920-674-5050	Jefferson	MH Therapy Age 5 to Adult
Jefferson Co. Human Services	920-674-3105 Press option 7 for Crisis Press option 2 for intake	Jefferson	Intake worker will assess and refer for services
Family Tree Counseling	608-868-5122	Milton	MH, AODA, Gambling, Marriage Therapy Age 7 to Adult
Family Resource	920-261-4100	Watertown	MH, AODA Therapy Age 4 to Adult
Directions Counseling	920-262-4800	Watertown	MH, AODA Therapy Age 15 to Adult Psychiatry - Age 18 to Adult
Serenity Mental Health (Cannot accept Medicare)	920-545-4357	Watertown	MH, AODA, Marriage Age 5 and older
Opening Doors Together, LLC	608-630-5696	Lake Mills	MH Therapy (children-Adult) *Advise of dog allergies when booking appointment
Resonating Change, Inc. Venessa Farn	920-376-9854	Lake Mills	MH, AODA Therapy EMDR Teens to Adults
Cambridge Counseling	608-423-4700	Cambridge	MH, AODA Therapy Age 7 to Adult
American Behavioral Clinics	262-723-3424	Elkhorn	MH, Psychiatry, AODA Therapy Age 7 to Adult
Genesis Counseling	608-757-0404	Janesville	MH Age 5 to Adult
Crossroads Counseling	608-755-5260	Janesville	MH, Psychiatry, AODA Therapy & Day Programs Age 5 to Adult

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Associates in Psychotherapy	608-752-7255	Janesville	MH, AODA Therapy, DBT & EMDR Age 2 to Adult
Mercy Options	608-756-5555	Janesville	MH, AODA Therapy 14 and older Autism therapy call: 608-756-8226
Mercy Options	608-756-6545	Janesville	IOP, ADT and WINGS Age 18 and Up
Rock County Human Services	608-757-5200	Janesville	MH, AODA Therapy, IOP All Ages
Morning Star Psychotherapy	262-458-2525	Whitewater	MH, AODA Therapy Couple Therapy and Life Coaching Age 6 to Geriatric
Paquette Center	262-473-0670	Whitewater	MH, AODA Therapy, Group Treatment, DBT, Psychological Testing and Evaluations Age 5 to Geriatric
Walworth County Human Services ***(Must be a Walworth County resident)***	262-741-3200	Whitewater	MH, AODA Therapy, Family Therapy, CSP Age 13 to Adult
Winther Counseling Lab UW- Whitewater	262-472-2842	Whitewater	MH, AODA Therapy Age 5 to Adult (***Closed during the Summer; opens September***)
Dr. Suzanne L. Popke, Ed.D., LPC	262-490-6067	Whitewater	MH Therapy, Psychological Evals Autism, Learning Disorders Age 3 to Adult
Community Medical Services	608-709-1063	Madison	Addiction treatment, AODA therapy
Madison Psychiatric Associates	608-274-0355	Madison	MH Therapy, Psychiatry, Psychological/Neuropsychological testing
Collaborative Solutions in Psychiatry	608-713-9898	Madison	Psychiatric Evaluation and management Tension and Trauma releasing exercises AODA medication management
OPEN DOOR Center for Change	608-827-7720	Madison-Online	MH, DBT Groups, CCS Consumer groups Adolescents and Adults

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Aspire Therapy	608-556-6120 www.AspireWisconsin.com	Verona East Madison	MH Therapy School aged to 18
JR Lee Psychotherapy & Performance	608-719-3763 https://jrleepsych.org	Edgerton	CBT-I DOT Substance Abuse Evaluations Injury Recovery & Sport Psychology
Edgerton Hospital- Fulton Square Clinic	608-561-6614	Edgerton Virtual	Psychiatry, MH Therapy
Edgerton Hospital Senior Life Solutions	608-561-6660	Edgerton	Psychotherapy Group and individual
Brave Changes	414-666-4211	Multiple Locations Telehealth	MH Therapy ages 5 to adult Family Therapy Group Therapy
Ellie Mental Health	414-667-5809 elliementalhealth.com	Waukesha Virtual	MH Therapy
Enlightened Ways Therapy	608-299-7669	Beloit	MH Therapy Individual, couples, family and group psychotherapy
Nystrom & Associates	651-628-9566	Multiple Locations Virtual	MH therapy, DBT, Psychiatry, Psychological testing Children through adulthood
Thrive Therapy Services	262-997-9411	Twin Lakes Kenosha Virtual	MH Therapy, EMDR
Stateline Mental health Services	608-368-8087	Beloit	MH Therapy, Psychiatry All ages
A brighter Day Charity	TEXT "BRIGHTER" to 741741	Virtual	MH Therapy Crisis counselors
Marigold & Iris	608-515-8265	Telehealth	MH Therapy for all ages
Stepping Stones Psychotherapy	920-342-4105	Virtual	MH, EMDR, DBT Adults